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#### WELCOME MESSAGE

#### Dear travellers,

Welcoming all to the enchanting beauty of Ella, a destination where full with nature, adventure, enjoyment and perfect places to visit. As you embark on this journey through our guidebook, we extend our warmest gratitude and inviting you to explore the wonders that make Ella truly special and gain a perfect travelling experience by referring this guidebook and make your journey more easy and special with lots of tips and insights essential for travelling.

We invite you to traverse the pages that unfold tales of local culture, historical richness, local cuisine and dining, how to reach Ella with different transportation modes, must visit destinations in Ella, perfect things to do in evening and night in Ella, outdoor activities in Ella, travel and safety tips essential when travelling in Ella. This will guide you to post yourself standing before majestic waterfalls, start hiking in adventurous hills, camp in famous camping sites in Ella and indulging in the warmth of the local community in Ella.

As you flip through these pages of the book, will carry you through a envision the rhythmic journey in iconic train ride to Ella to reach and, world-renowned Ceylon tea amidst lusty tea plantations and tea tours in Ella.

If you are a person who are seeking adventurer thrill or nature lover of peaceful landscapes, this destination is for you with something extraordinary. And let make this guidebook to be your compass, leading you to the magic of Ella and make your journey easy and safe. So, join with us on this literary exploration, each chapter of the guidebook is an invitation to create your own story in the embrace of Ella by making your journey a magical and memorable one and make it as your direction to your journey.

Warmly, Stay Sri Lanka Team.

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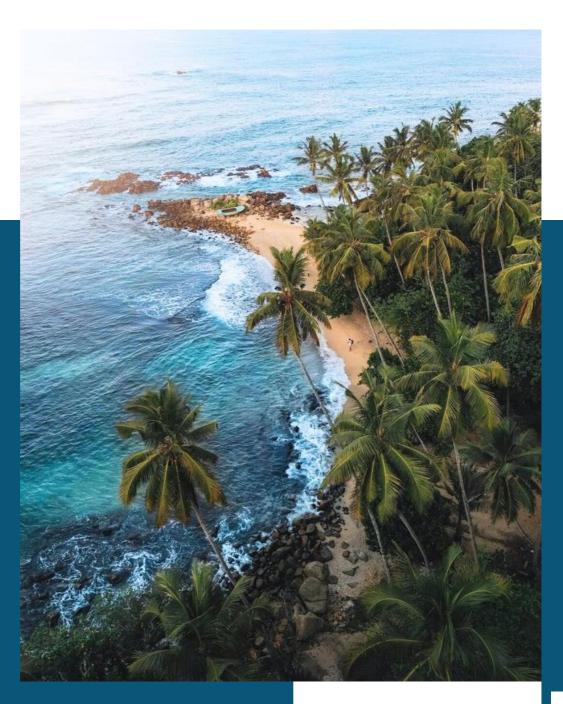
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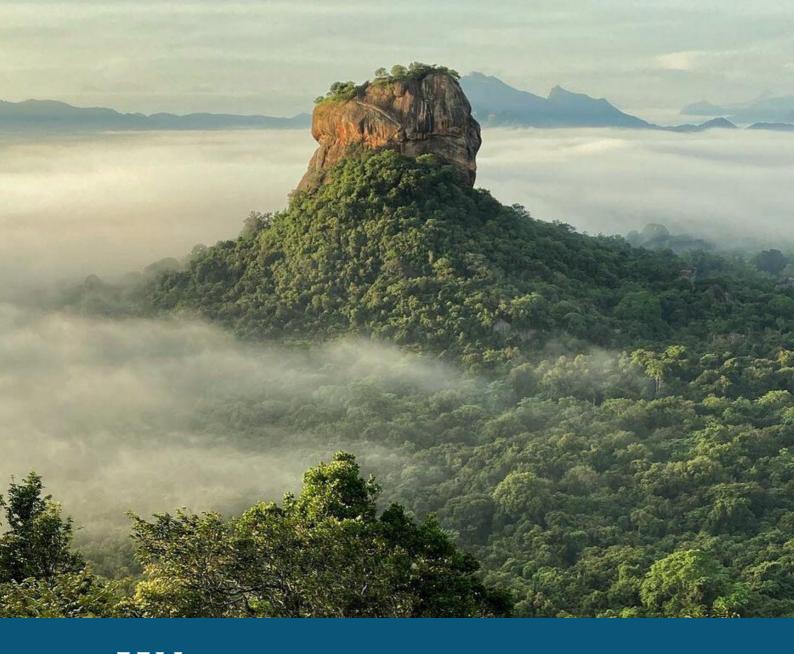
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# To Sri Lanka

# Welcome

🛪 ri Lanka is an island-based country which is located on the southern coast of India and surrounded by the Indian Ocean. It is country that is full of rich history, culture, colourful ceremonies and natural resources that creates Sri Lanka more unique among its neighbours. If romantic landscapes, golden beaches, rising wave, lusty tea plantation, misty mountains, mighty elephants and warm smiles could sum up a country that is Sri Lanka. Sri Lanka can be introduced as a fantastic all round destination with unique culture, tradition, local cuisine, beaches, waterfalls and mountains. Bicycle ride in the countryside and ending the day by the world best cup of tea is only in Sri Lanka.

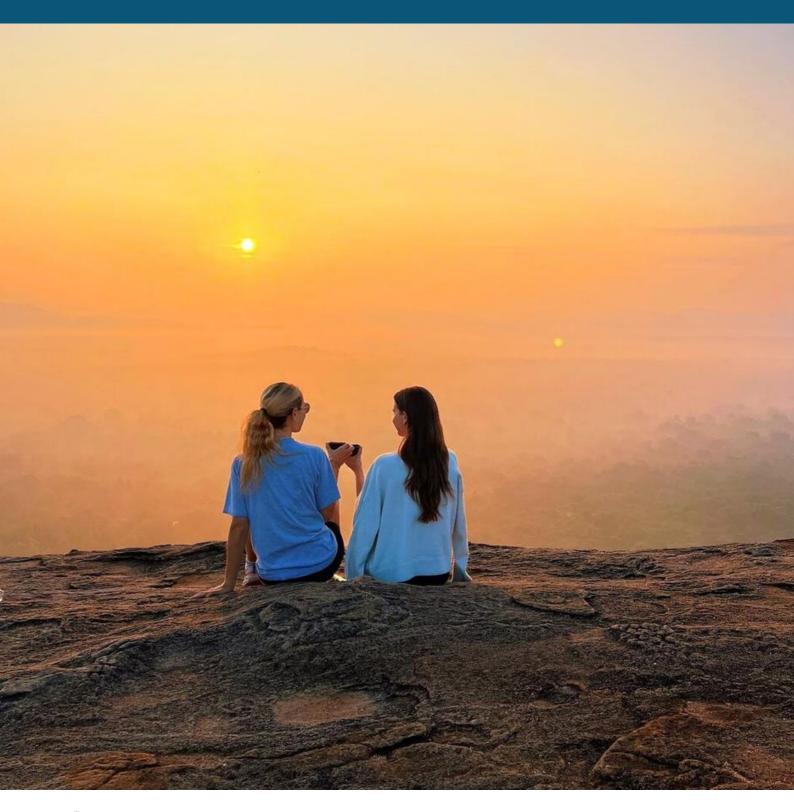




arm welcoming people with perfect smile in their face gives you the best experience in hospitality. Sri Lanka is a country full with cultural festivals and unique traditional activities that offers you a unforgettable experience. If you are person who is seeking adventurous, then Sri Lanka is the perfect destination to discover more adventurous seeking activities near the secrete waterfalls, mountains and in the ocean. Mourning Elephants and leopards in the wild and dancing peacocks to the rhythm of nature give you the chance to embrace nature experience in wildlife. The ancient cities like Anuradhapura and Polonnaruwa where old ruins tells tales of past stories. And palm finger beaches in Hikkaduwa and Bentota that stretch along coastline to the tea planation in Nuwara Eliya and Ella shows that Sri Lanka is a symphony of natural wonders. Embarking the wild safaris in Yala National Park, or the warmth of Sri Lankan peoples' hospitality creates an unforgettable journey for the curious travellers.

f you are a nature lover, then Sri Lanka is the best place for you to discover the beauty of nature, the most picturesque train ride in the world paves you the way to embrace beauty of riding through the misty mountains, tea lands and perfect lusty green landscapes. If you are a person who is seeking for best Ayurvedic treatment, then Sri Lanka is best for you to relax yourself in the power of Ayurveda, techniques relating to herbal meditation and yoga session to empower yourself in the relaxation. The climate in Sri Lanka is classified under the "tropical monsoon" climate zone.





S ri Lanka offers different climates for the travellers based on the cities they visit. Nuwara Eliya is the coolest city in Sri Lanka while Trincomalee is warmest city in Sri Lanka. Sri Lanka is a unique destination where you can travel from one climate to completely another climate within a limited time frame. You can enjoy a sunny day near a beach and travel in the to a coolest misty place covered with mountains within shortest time duration. Sri Lanka is the best place that offer you the so scenery, natural, wild, thrilling, adventurous, spiritual, colourful, traditional and majestic experience and it is the island of power healer.

#### Chapter 1 Welcome to Ella



Ella is small town located in the middle of the greenery country side in Sri Lanka. Ella is located about 1000m elevation which is surrounded by higher mountain with clear spectaculars views. It is a one of the popular destination in Sri Lanka due to the unique blend of natural beauty, cultural and historical richness and the most awaited adventures activities to enjoy. Ella is a destination with perfect climate condition that allow you to enjoys a mild and pleasant climate throughout the year, making it an ideal destination for those seeking respite from the heat.

Ella has gained international recognition for several compelling reasons such as it is dominated by lush landscape, rolling hills, farmlands growing vegetables, tea plantation, and rich fields. When you walk through the tea plantation with the smiling men and women who are picking tea gives you a perfect feeling and an experiences. The tea plants give an entire village a unique look with high mountain views.

Nother One of the wonderful experience that you can have in Ella is the iconic train journey, weaving through tea plantations and offering panoramic views that draw the hearts of the travellers' for the magic of Ella journey. Ella is a small village that gives you the chance to stay in beautiful and small family run guest houses and few higher end boutique hotels. In Ella you do not have any shortage of accommodation for any budget with many beautiful view such as mountains and tea plantations and in perfect weather climate for travelling. In Ella, every sunrise unveils a new facet of its beauty, and every sunset leaves an indelible mark on the hearts of those who wander its hills.

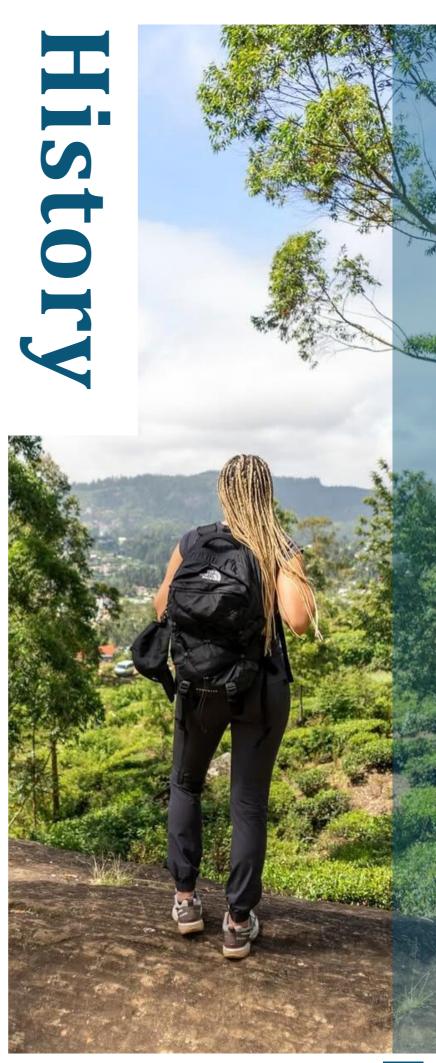




he historical details of Ella goes back to the back centuries. When it talks about the history many foreigners have visited Ella destination to enjoys the high amount of oxygen available in the Ella. With this many young foreign travellers' have visit this place to enjoy the freedom while reading books and specially for hiking activities.

As the oxygen level is high this become more famous for hiking activities and become a one of the famous hiking destination among the travellers.





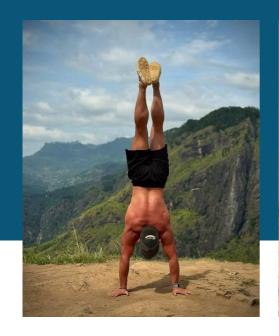


/ / ith many waterfalls in this area it is believe that named for the village as Ella came from the Sinhala Ella which word mean waterfall. One of the famous waterfall in Ella is Ravan Ella which linked with the world of famous story the Ramayana. It is believed that King Ravan have hidden the Sita in the caves behind the Ravan Ella.



In addition to that Ella have colonial historical background that British have developed Tea plantation and many infrastructure facilities such as roads and railways including Nine Arches Bridge.

## Top destinations to visit in Ella







destination be can introduced as the gem heart of Sri Lanka offering an stunning attraction to fulfils the various interest of the traveller's. Nine Arch bridge, Ella rock, Little Adam's Peak, Ravan Falls, Demodara Loop, Ravana Cave Temple, Ella Spice Garden and tea plantation and factory tours are some  $\circ$ f the famous tourist destination to visit in Ella. Don't forget to add these places to your travel list when visiting Ella. These each destinations have their own uniqueness and contribute for the charm of Ella. If you are seeking adventure, some cultural experiences or simply a serene retreat, Ella has something unique for every traveller. You can used Ella as best hiking

destination in Lanka with Sri spectaculars view and can used Ella rock as one challenging hike around 4 hours which brings you an amazing experience. Rawan waterfall is one of the beautiful waterfall located near the Ella village that creating mesmerizing symphony of rushing water that gives you beautiful memories with nature. And the lush tea plantation in the village with orderly rows of vibrant green gives you a picturesque scene which is more eye catching. Ella is a destination which is a heaven for nature lovers, waterfalls, tea plantation and hiking destination which brings you an unforgettable experiences. Let's have an detail explore regarding top destinations in Ella in the coming chapters.

# Scenery Train



Ila destination is the heart of Sri Lanka's central highlands, it Ella unveils one of the most mesmerizing and iconic rail journeys in the world. The scenic train journey provide the travellers memorable life time experiences through the way around the lush landscapes picturesque tea plantations, and quaint villages. The beauty train journey begins with the views of lusty landscapes and tea plantations through the misty hills, offering passengers to nature's grand spectacle. The iconic route takes travellers towards panaromic

views of through the green tea plantations carved into the hillsides that defines the unique experiences in Ella. The sight of tea pickers that plucking leaves in the middle of the sea of green offers you a captivating view into the region's rich heritage. When it highlights the journey when crossing the Nine Arch Bridge



offers you an architectural marvel nestled in a scenic valley. When train continues through the charming villages and rural landscapes while opening the window or standing near the doors of the train invite the fresh mountain air and the sounds of the village and with the view and the good sound make the journey so perfect.

## Season in Ella and Best time to visit Ella

Embarking on a journey to Ella is not just a geographical exploration it is an immersion into a realm where the seasons dance in harmony, each bringing its unique charm to the landscape. Understanding the weather pattern in Ella is essential to unlock the destination's full potential to enjoy. Ella, the central highlands of Sri Lanka, experiences a mild and pleasant climate throughout the year. When it comes to the seasons of Ella,







#### Dry Season (January to March)

This season brings you an occasional rainfall by transforming the Ella into a perfect lush green haven with more sunny days. The air also so fresh and the landscapes provide you a vibrant energy that is ideal for This period can be introduced as the peak season in Ella and during this period lodging and accommodation costlier when compare with the rest of the year.

#### Shoulder Season (April, May, September, October, December)

This season brings intermitted showers to Ella and the rain is not more constant in this period and this season is somewhat warm during some months and mostly contribute to the overall charm of Ella. Cloud-kissed hills, misty mornings, and the glistening foliage create a mystical atmosphere. During this period crowd in Ella is moderate and the price level of the accommodations are at moderate level.

#### Monsoon Seasons (June - August, November)

This season makes another transition in the Ella destination with showers and humidity. This period is more perfect to experience lush greenery. Avoid crowding in this period and accommodation cost are relatively low during this period.



#### Dry season (January to March)

Ideal for clear skies, trekking, hiking and enjoying outdoor activities.

#### Shoulder Seasons (April, May, September, October, December)

Perfect for lush landscapes, vibrant flora, sightseeing and relaxing.

#### Monsoon Seasons (June - August, November)

Offers a mystical ambiance, with waterfalls in full flow and perfect for budget travel with fewer crowd.

Ella's weather symphony ensures that every season in the year offers you am immersive experience as each season lead you experience different facets of the natural beauty.



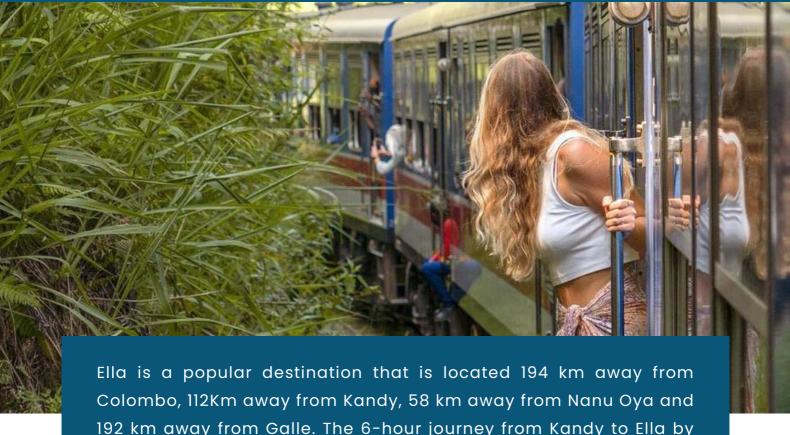


The photographic journey in Ella it is an invitation to witness the soul of Ella in every frame. A photo with emerald green tea plantation, immerse yourself in the vibrant tapestry of local life. The photographs standing near the Ella rock against the canvas of a clear blue sky with the point view of green hills adds a perfect frame for your photo.

Cascading waterfalls, like Ravana Falls, freeze in time, their beauty immortalized in pixels adds an extra beauty to your picture. Ella destination allows you to take adventures photograph while hiking in the trails of little Adams peak and the explorers navigating the iconic Nine Arch Bridge.

Next most awaited the photograph that travellers awaited to take in Ella is scenic train journey. And Ella allows the travellers capture to moments with that Sunrises paint the sky with hues of pink and gold, and sunsets that cast a warm glow over the hills. The photograph journey in Ella allows you to more colourful memories to your journey.

### Chapter 2 How to Reach Ella



Colombo, 112Km away from Kandy, 58 km away from Nanu Oya and 192 km away from Galle. The 6-hour journey from Kandy to Ella by train offers you the most picturesque rides in the world which weaves through the endless tea fields and mountains which bring you the best nature feeling and helps you to relax your mind while enjoying the freedom. In this chapter will guide you how you can get to the Ella from other destinations use different options based on time for the journey, level of comfort and costs. For each option we provide more information for you to select the best option when travelling. And this chapter guide you what the transport methods that you can used within Ella to reach destination easily and cheaply. And next this chapter will next guide you how you can leave Ella for different other destinations using different transportation options. At last, this will guide you what the tips that you should follow when selecting transport options.

#### By Bus



#### Colombo to Ella



198 Km



5 to 6 hours



(Colombo to Kumbalwela Junction) By bus – 194 Km

(Kumbalwela Junction to Ella) By Tuk Tuk – 4 Km

If you are travelling by bus to Ella from Colombo, you can have Colombo – Badulla (No 99) bus from Pettah central CTB Bus Stand or from Pettah Private Bus Stand. You can use normal cheaper which take around 5 to 6 hours, but we don't recommend as it. Is difficult for you to travel, instead we advise you to luxury bus as you can travel. comfortably. You cannot have a direct bus from Colombo to Ella. Ask your bus driver to drop you off at Kumbalwela junction. From Kumbalwela junction you can have a Tuk-Tuk to Ella. There is a taxi station near the junction which is operating 24 hours daily.







#### **Pettah central CTB Bus Stand**

Hotline - 1315

Website - https://sltb.eseat.lk/



(To search information or book your seats of the buses from Pettah central CTB Bus Stand. It is recommended for you to reserve your seat before travel.)

#### <u>Pettah Private Bus Stand – 24 hours Service Available</u>

Hotline - +9411-2587372

Website - https://www.ntc.gov.lk/index.php (CLICK HERE )

Ticket Price Table – (Colombo to Kumbalwela) Bus No – (099 – Colombo to Badulla)

Type of Bus	Normal	Semi Luxury	Luxury	Super Luxury
Ticket Price	(850 – 900) LKR	(1150 – 1200)	(1665 – 1750)	2500 LKR
(LKR)		LKR	LKR	



#### Kandy to Ella



135 Km



4 hours



(Kandy to Badulla) By bus - 115 Km (Badulla to Ella) By Bus - 22 Km (Badulla to Ella) By Train - 20 Km (refer train timetable)

There is no direct bus that you can take from Kandy to Ella. You can take a Kandy -Badulla bus from Kandy Bus Stand. After you reach Badulla, you have to take another. Bus from Badulla to Ella. None of these buses are luxury, all are normal buses. In this case we recommend you travel by train with the beautiful view without going by bus.

Kandy Bus Stand Contact No: +9481 222 2281

Book online CTB Buses: https://sltb.eseat.lk/



Ticket Price – (Kandy to Badulla) Bus No - 021

Type of Bus	Normal	Semi Luxury
Ticket Price	(500 – 550) LKR	(690 – 740) LKR
(LKR)		



#### Galle to Ella



231 Km



6 to 7 hours



Route - (Galle to Ella) By Bus - 231 Km

You can reach Ella from Galle with a time duration of 6 to 7 hours of a journey. You can book bus online from the below website and can call for below numbers for any inquiries. It is recommended you book online as the journey is long and it is difficult to go without a seat.

Galle Bus Stand Contact No: +9491 222 2712 / +9491 393 8575

Book online CTB Buses: <a href="https://sltb.eseat.lk/">https://sltb.eseat.lk/</a>



Ticket Price - (Galle to Ella)

Bus No: 031-003

Type of Bus	Normal
Ticket Price	(860 – 900) LKR
(LKR)	



#### Matara to Ella



186 Km



5 hours



Route – (Matara to Ella) By Bus – 186 Km

You can reach Ella from Matara with a time duration of 5 to 6 hours of a journey. You can book bus online from the below website and can call for below numbers for any inquiries . It is recommended you book online as the journey is long and it is difficult to go without a seat.

Matara Bus Stand Contact No: + 9441 222 0848/ +9441 300 4001

Book online CTB Buses: <a href="https://sltb.eseat.lk/">https://sltb.eseat.lk/</a>

Ticket Price – (Matara to Ella)

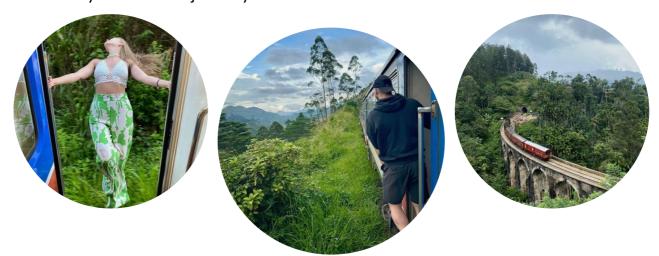
Bus No: 031-002

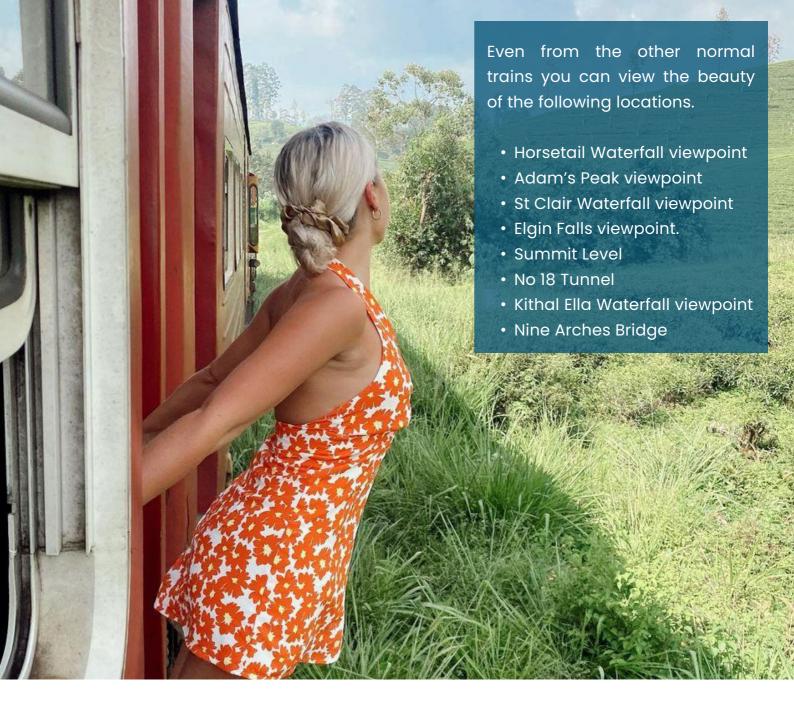
Type of Bus	Normal
Ticket Price	(725 – 750) LKR
(LKR)	



#### Most picturesque journey in world

Train can be considered as the most famous transportation mode from Colombo to Ella with beautiful view. Kandy to Ella ride is considered as one of the most scenic train rides in the world. The average train between Kandy and Ella takes about 7 hours and the fastest train takes about to 6 hours. The train ride from Colombo to Ella will awake your all senses and bring you a different feeling to the beginning of your journey. Sri Lanka has an incredible array of landscape and one of best and stunning way to experiences is to sit on a Kandy to Ella train while touching distance of tea bushes and soaking up mind blowing views. It will take you around the tea plantations, lush forests, waterfalls and misty mountains. Hang out in the open doorways of the train and feel the cool breeze of the hill country. All along the way, something will remain for yourself to be impress and the journey is magical as the destination. Some tourist trains stop at following locations for you to enjoy the scenic views and to take photos and videos safety and peacefully that you will ever forget this once in your lifetime journey.





The Horsetail waterfall is one of the hidden falls in the hill country that is located between Inguru oya and Galaboda stations. In the train rides you have the chance to see the beauty of waterfall from the railway line. If you are travelling in the tourists trains you have the chance, to click a few amazing photos of the Horsetail waterfall within 2 minutes. Another stunning waterfall that you can view is the St. Clairs waterfall is cascading over the rocky outcrops and then race through the tea estates. It's not only about the waterfalls you can cross the highest point in all of Sri Lanka railways tracks know as Summit Level where you will notice that the train begins its descending journey towards lowlands of the country after this point onwards. This train ride will take you through one of most beautiful and picturesque stations in Sri Lanka such as Idalgashinna Station with more stunning by the towering hills and trees shrouded behind it. Nine Arch bridge is one of the most photographed locations is Sri Lanka where tourist trains will stop about for 10 minutes that allow you to soak up the magic of this world-renowned bridge. We won't reveal the scenic point, feel the scenic view by your own way.

#### Special Tourist Trains



In Sri Lanka there are two main luxury tourist train from Colombo Fort to Badulla VIA Kandy, Nanu Oya and Ella. You can have a comfortable and beautiful train journey in South Asia through the lush green tea plantation, waterfalls, greenery landscapes, tunnels which gives you an adventures feeling by these trains. The speed of these trains is high when compared to other main line trains.

Calypso Tourist Train is another train that is operating from Badulla to Bandarawela and vice versa. Calypso train has a viewing coach for locals and foreigners which allow to take a scenic journey. You can view the timetables, days that these trains are operating, prices of the tickets and the comfortability of these trains from the below tables.

#### **Train Timetable**

Train Time Table									
Train Name	Colombo		Ka	Kandy		Nanu Oya		Ella	
	Arrival	Departure	Arrival	Departure	Arrival	Departure	Arrival	Departure	Arrival
Dunhinda Odyssey - Express	06.00 AM	06.25 AM	09.16 AM	09.25 AM	01.33 PM	01.53 PM	04.29 PM	04.30 PM	05.33 PM
Ella Odyssey - Express	05.30 AM	05.30 AM	08.13 AM	08.25 AM	12.02 PM	12.07 PM	02.47 PM	02.50 PM	04.01 PM

#### (Colombo to Badulla)

Train Time Table									
Train Name	Bac	Badulla Ell		lla Nanu Oya		Kandy		Colombo	
	Arrival	Departure	Arrival	Departure	Arrival	Departure	Arrival	Departure	Arrival
Dunhinda Odyssey - Express	08.00 AM	08.00 AM	09.05 AM	09.07 AM	11.39 AM	11.45 AM	03.47 PM	04.00 PM	06.32 PM
Ella Odyssey - Express	9.15 AM	9.15 AM	10.24 AM	10.25 AM	12.43 PM	12.50 PM	04.22 PM	04.35 PM	07.20 PM

(Badulla to Colombo)

You can refer the above tables for operating time of tourist trains from Colombo to Ella, Kandy to Ella, Nanu Oya to Ella and Badulla to Ella and vice versa.



#### **Availability of Tourist Trains**

Available Dates									
Train Name	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Poya Day	Holidays
Calypso Tourist Train	✓	✓	✓	✓	<b>\</b>	✓	✓	✓	<b>✓</b>
Dunhinda Odyssey (Colombo to Ella)		✓			<b>~</b>		✓		
Dunhinda Odyssey (Ellato Colombo)	✓		✓			✓			
Ella Odyssey (Colombo to Ella)					✓		✓		
Ella Odyssey (Ella to Colombo)				<b>√</b>		<b>√</b>			

You can refer the above table for operating days of tourist trains from Colombo to Ella and Ella to Colombo.

#### **Ticket Prices**

	Train Ticket - 1st Class							
Train Name	Colombo to Ella	Kandy to Ella	Nanu Oya to Ella	Badulla to Ella				
	Reservation	Reservation	Reservation	Reservation				
Dunhinda Odyssey - Express	8000	8000	7000					
Ella Odyssey - Express	5000	4000	3000	2000				
		Train Ticket - 2nd	Class					
Train Name	Colombo to Ella	Kandy to Ella	Nanu Oya to Ella	Badulla to Ella				
	Reservation	Reservation	Reservation	Reservation				
Dunhinda Odyssey - Express	6000	6000	5000					
Ella Odyssey - Express	4000	3000	2000	2000				
		Train Ticket - 3rd	class					
Train Name	Colombo to Ella	Kandy to Ella	Nanu Oya to Ella	Badulla to Ella				
	Reservation	Reservation	Reservation	Reservation				
Dunhinda Odyssey - Express	5000	5000	4000					
Ella Odyssey - Express	3000	2000	1500	1000				

You can refer the above table for ticket price of first class, second class and third class tickets of Ella odyssey and Dunhinda Odyssey express trains from Colombo to Ella, Kandy to Ella, Nanu Oya to Ella and Badulla to Ella.

### Calypso Tourist Train and its experience



Calypso Tourist Train is a train that is operating from Badulla to Bandarawela and vice versa. Calypso train has a viewing coach for locals and foreigners which allow to take a scenic journey and has entertainment features including food and music. It is a great way for you discover the hill country's natural and cultural beauty.

This train offer you a service more than just a way from one place to another, it gives you the feel to close yourself to the nature by feeding yourself with fresh air. Enjoy the best journey in hill country by Calypso Tourist Train with your friends or with your family. Don't forget to have a journey in Calypso Tourist Train when you visit Ella, it led you through the heart of hill country in Sri Lanka.

Train Time Table								
Train Name	Bandarawela	lla	Demodara					
Traili Name	Departure	Arrival	Departure	Arrival				
Calypso Tourist Train - Shedule 1	10.10 A M	11.00 AM	11.14 AM	11.39 AM				
Calypso Tourist Train - Shedule 2	02.35 PM	03.05 PM	03.08 PM	03.33 PM				

Train Time Table									
Train Name	Badulla Demodara			Е	Bandarawela				
Traili Name	Departure	Arrival	Departure	Arrival	Departure	Arrival			
Calypso Tourist Train - Shedule 1	08.20 AM	09.07 AM	09.10 AM	09.25 AM	09.28 AM	09.58 AM			
Calypso Tourist Train - Shedule 2			12.50 PM	01.15 PM	01.30 PM	02.00 PM			



#### **Comfortability of Tourist trains**

Tourist trains is more comfortable and luxurious way to enjoy one of the world's most scenic train routes. It provides you the following facilities during your journey,

- · ·First class compartment with air conditioning
- ·Table to keep the meals and drinks
- ·Clean washrooms
- Garbage tank
- ·Comfortable seats
- · A canteen inside the train

#### Other Mainline Trains

#### **Train Timetable**

Train Time Table									
Train Name	Colombo		Kandy		Nanu Oya		Ella		Badulla
	Arrival	Departure	Arrival	Departure	Arrival	Departure	Arrival	Departure	Arrival
Podi Manike - Express	5.20 AM	5.55 AM	8.46 AM	8.55 AM	12.27 PM	12.45 PM	03.08 PM	03.09 PM	03.54 PM
Udarata Manike - Express	07.55 AM	08.30 AM	11.03 AM	11.10 AM	02.33 PM	02.36 PM	04.55 PM	04.56 PM	05.44 PM
1007 - Express	09.45 AM	09.45 AM			03.52 PM	04.08 PM	06.26 PM	06.27 PM	07.20 PM
Night Mail Express	08.00 PM	08.30 PM			03.39 AM	03.45 AM	06.38 AM	06.39 AM	07.32 AM
Kandy Badulla Mixed Train	·		03.00 AM	03.35 AM	09.06 AM	09.25 AM	01.24 PM	01.26 PM	02.28 PM
Train Time Table									
Train Name	Bad	lulla	E	lla	Nanu Oya Kandy		ndy	Colombo	
II alli Nallie	Arrival	Departure	Arrival	Departure	Arrival	Departure	Arrival	Departure	Arrival
Podi Manike - Express	07.45 AM	08.55 AM	09.46 AM	09.48 AM	12.28 PM	12.33 PM	04.23 PM	04.40 PM	07.43 PM
Udarata Manike - Express	05.45 AM	05.45 AM	06.33 AM	06.34 AM	09.08 AM	09.15 AM	12.54 PM	12.55 PM	03.32 PM
1008 - Express	10.15 AM	10.15 AM	11.11 AM	11.12 AM	01.45 PM	01.49 PM			08.06 PM
Night Mail Express	06.05 PM	06.30 PM	07.40 PM	07.42 PM	10.49 PM	11.07 PM			06.11 AM
Kandy Badulla Mixed Train	11.00 AM	11.00 AM	12.04 PM	12.05 PM	03.40 PM	04.05 PM	08.3	7 PM	



#### **Train Availability**

Available Dates									
Train Name	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Poya Day	Holidays
Podi Manike - Express	✓	<b>√</b>	<b>✓</b>	✓	✓	✓	<b>√</b>	✓	✓
Udarata Manike - Express	✓	<b>√</b>	<b>√</b>	✓	✓	✓	✓	✓	✓
1007 - Express	✓	✓	✓	<b>√</b>	✓	✓	✓	✓	✓
Night Mail Express	✓	✓	✓	✓	✓	✓	✓	√	✓
Kandy Badulla Mixed Train	✓	✓	✓	✓	✓	✓	✓	✓	✓

You can refer the above table for operating days of main line trains from Colombo to Ella and Ella to Colombo.

#### **Comfortability of Main line Trains**

Facilities of Main line trains,

- · First class compartment with air conditioning
- Table to keep the meals and drinks
- Clean washrooms
- Garbage tank
- · Comfortable seats

When compare the comfortability of the Main line trains with the tourist trains there is no more difference between them, only the speed and time reaching the destination is different. Tourist trains are more speed than Main line trains as tourist trains are only stopping in few destinations.

#### **Ticket Prices**

Train Ticket - 1st Class								
Train Name	Colombo to Ella		Kandy to Ella		Nanu Oya to Ella		Badulla to Ella	
	Resen	vation	Reser	vation	Reservation		Reservation	
Podi Manike - Express	28	000	2500		2000		2000	
Udarata Manike - Express	30	000	3000		2500		2500	
1007 - Express (OFV)	30	000	2500		2000		2000	
Night Mail Express (FCB)	49	50						
Kandy Badulla Mixed Train (OFV)			3000					
		Trai	n Ticket - 2nd	Class				
Train Name	Colombo to Ella		Kandy to Ella		Nanu Oya to Ella		Badulla to Ella	
	Reservation	Normal Price	Reservation	Normal Price	Reservation	Normal Price	Reservation	Normal Price
Podi Manike - Express	1800	900	1700	600	1200	300	1200	150
Udarata Manike - Express	2000	900	1800	600	1700	300	1700	150
1007 - Express		900		600		300		150
Night Mail Express	2000	900		600		300		150
Kandy Badulla Mixed Train		900		600		300		150
Train Ticket - 3rd class								
Train Name	Colombo to Ella		Kandy to Ella		Nanu Oya to Ella		Badulla to Ella	
	Reservation	At Station	Reservation	At Station	Reservation	At Station	Reservation	At Station
Podi Manike - Express	1300	440	1200	300	900	160	900	60
Udarata Manike - Express	1500	440	1300	300	1200	160	1200	60
1007 - Express		440		300		160		60
Night Mail Express	1500	440		300		160		60
Kandy Badulla Mixed Train		440		300		160		60

You can refer the above for ticket price of first class, second class and third class tickets of Main line trains from Colombo to Ella, Kandy to Ella, Nanu Oya to Ella and Badulla to Ella.



#### Seat Reservation for trains

It is advisable for you to book your tickets of tourist trains before 01 month of period. You can have tickets only through reservation. If you miss to book tickets before 30 days, the alternative option is to book a reserved seat with an agency. The charge may be higher than the normal reservation from the website, but they will try to get those tickets for you.

For normal main line train, it is advisable for you to book reserved tickets rather than non-reserved tickets as it is not sure whether you will receive a seat or not, but for reserved tickets your seat will be sure. As the journey is long a seat is essential for you. (From Colombo to Ella/ From Kandy to Ella). But if you are travelling from short distance, it is not necessary to have a reserved tickets (Nanu Oya to Ella) If you want a first-class tickets, it is advisable for you to book your tickets before 01 month of period.





#### Seat Reservation through the website by Sri Lankan Railway CLICK HERE

You can (https://seatreservation.railway.gov.lk) this website to reserve your tickets. At a one time you can reserve up to 5 passengers. You have to select the journey start station, journey end station, date and the number of passengers. Then you have to select the seat type (first class, second class or third class). After that you have to fill your personal details. Then enter the card details and make the payment and complete the process. You can collect the valid ticket from a railway station with train seat reservation facility by showing the code mentioned in the SMS message sent to the email address and phone number you provide. For that you have to present your valid NIC or passport.

#### Seat Reservation through mobile app by Sri Lankan Railway (CLICK HERE : )

You can make reservation for all the reservation available destinations. It allows you to book first class, second class or third-class tickets. You can obtain your ticket from mticketing service available railway station by providing your ticket reference number along with your NIC or passport.

#### Seat Reservation through 12go.asia



You can book your ticket through this website also. You can order only reserved seat tickets. They programmed their site in Kandy, Nanu Oya and Ella railway station.



#### Railway stations with seat reservation facility (Contact Numbers)

#### **Main Stations**

Colombo Fort	112432908
Maradana	11269572



#### Main Line

Kandy	081-2222271
Hatton	051-2222271
Nanuoya	052-2222873
Haputhale	052-2268071
Diyathalawa	057-2229461
Bandarawela	057-2222271
Ella	057-2228571
Badulla	055-2222271

Specific ticket windows that you should go to buy tickets in Colombo Fort Station

Counters 2 or 8 for Kandy, Hatton, Nanu Oya, Haputale, Elle, Badulla.

# Services

# **Taxi**

You can reach Ella easily and comfortably by a taxi which is relatively expensive when compared to other transportation modes. You can book a taxi from a taxi service from any destination in Sri Lanka. You have the chance even to Pre- book airport taxi in advance and get on time pickup on form your destination and reach Ella easily even from the airport directly. When you are travelling by a taxi, you can get well maintained and comfortable vehicle according to your choice and affordability. Travelling by a taxi gives you the chance to relax yourself by watching scenic journey to Ella while enjoying the comfortability and private travel experience without the crowds with the opportunity for you to choose a preferred music, adjusting the air conditioning of the taxi and making stops whenever you need. You can use a car, van or a bus ( if there is team to travel) , it will make your journey more Comfortable.





# EZ Taxi



re you a person who is seeking an affordable and safe taxi service in Ella, then contact EZ taxi to obtain the best service to make your journey memorable. You can obtain friendly, reliable, affordable and safe service from them. You can take private taxi, shared taxi, airport transfer, internet café, excursions and scooters for rent for an affordable price to travel around the country. And also they provide you the necessary information to organize your trip. Contact below number for more information.



+9477 437 3545



www.ellaeztaxi31@gmail.com



**Get Direction** 











## Transportation Service within Ella

It is essential you select for transportation mode for you to travel within Ella to make Your journey easier. We recommend you hire a bicycle, scooters, tuktuk or car to travel within Ella from the taxi rental services. These modes will help you to feel the scenic landscapes and surrounding view in Ella and to reach the famous destination within Flla. **GROWE** តា ល់ល

## Alone Cage Scooter Rental



Alone cage Scooter Rental, Ella Explore Ella famous destination with Alone cage Scooter Rental. Enjoy your own freedom in open roads in Ella while watching perfect mountain and tea land views with scooter models of Honda Dio, Honda Navi, TVS Ntorq, Hero Maestro edge, Dyno Scooby, Yamaha Ray ZR. You can enjoy our service with convenient rental options with affordable and reliable service. Our team is working for you give the best service and we are here to bring the scooter even to your place based on your request, to make your journey easier. Don't miss out on exploring Ella's stunning scenery views in Ella . Rent your scooter from Alone Cage Scooter Rental today and make unforgettable memories on the road. Contact below number to book your scooters for make your journey more remarkable and easier.



















#### Plan your Tour

Ella is one of the famous and attractive destination in Sri Lanka where you can refresh your brain and feel the rich biodiversity of the nature. Ella sightseeing tour consist beautiful places such as Ella rock , Nine Arch Bridge, Little's Adam' peak , Ravana Fall and tea factory tours where you can have best experience in your journey. You have the chance to arrange your tours from best tour planners in Ella.



If you are a person who is seeking best guidance for your tour and to tour plan around in Ella, then you can get the services from below tour planners. They will help you to arrange Ella tours and packages by offering variety of interesting and adventures activities with different scenic hiking route. And also you can explore different stunning waterfalls during your tour.

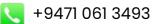


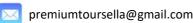
## Ceylon Premium Tours



Do you want to unlock the beauty of Ella or any other beautiful destination in Sri Lanka? Then reach Ceylon Premium Tours for an adventurous journey. You have the chance to the obtain following services at reasonable price. Pickup and drop hires (Airport Pickup), Day tours around the Ella with guiding, Tours around the country, Organizing safari tours, Tours or private taxi service from Ella to any other destination. Reach out to us today for additional information and prices! Contact us via email or WhatsApp's.

























http://www.ceylontours.co/

## Ella Sightseeing & Srilanka



#### Tours

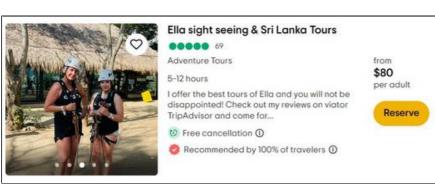
**Tour Agency** 

Discover the beauty of Ella with Ella Sightseeing and Sri Lanka Tours Are looking for a service to help you to make your journey easier and help you with guide all around Ella and different other destinations in Sri Lanka. Then join with Ella Sightseeing and Sri Lanka Tours to make your journey an unforgettable one. You can obtain the following services. Pickup and drop hires Round tours all over the country Day tours around the Ella Multi day tours Taxi and shuttles services Walking tours Hiking and Camping tours Private Tours You can obtain a friendly and safe service at reasonable price. Contact us from the below contact details to plan your tour with us in an amazing way and to discover the beauty of Sri Lanka.













+94 762 128 377



Shashicka98@gmail.com







## Sri Lankan Romance Tours



Discover the beauty of Ella and Sri Lanka with SL Romances Tours. Plan your journey with SL Romances Tours to unveil the beauty and adventure in Ella and Sri Lanka with a reasonable price. You have the chance to the obtain following services. Round tour package (Pick up from Airport and drop to any destination in Sri Lanka), Pickup and drop hires for any location, Day tours around the Ella, You can arrange your journey up to maximum 08 persons within reasonable price with safety drive. Reach out to us today for additional information and prices. Contact us via email, trip advisor or WhatsApp's.













+9471 607 5942















https://g.co/kgs/rLoUA4

#### Ella S L A D Tours





Discover the beauty of Ella with S L A D Tours, Are you looking to discover the beauty of Ella and its surroundings? Then plan your journey with S L A D Tours for an unforgettable adventure. You have the chance to the obtain following services at reasonable price. Pickup and drop hires, Round tours all over the country, Day tours around the Ella, Package tours including rooms with B/B or H/B Organizing Safari, Trekking and Hiking, Reasonable service and safety drive. Reach out to us today for additional information and prices! Contact us via email or WhatsApp's.





+9477 182 3839



ellasladtours























#### Samy Tours



#### **Tour Agent**

Discover the beauty of Ella and other popular destinations in Srilanka with Samy Tours. If you want to have a perfect Day tour, Ella city tours and Airport shuttle services with safe, reliable and affordable prices then the best choice is Samy Tours. We can arrange tours to many popular destinations like Yala safari, Udawalawa safari, Kandy, Nuwara Eliya, Mirissa, Hikkaduwa, Colombo and many other popular places in Sri Lanka with a perfect guide with Samy Tours. And take the advantage of sightseeing tours and bike rental services available with us. According to your preferences you can plan your tour with us. And contact us via email, trip advisor or WhatsApp's for any other additional information and prices.























#### Avishka Taxi Service



#### **Taxi Service**

Explore Ella with ease using Avishka Taxi Service! Located on Passara Road, we provide high-quality, affordable taxi services to help you get around this stunning town comfortably. Whether you're heading to sightseeing spots or need a ride to your hotel, our reliable service ensures a smooth and hasslefree journey.

















# Chapter 3 Must See Destinations

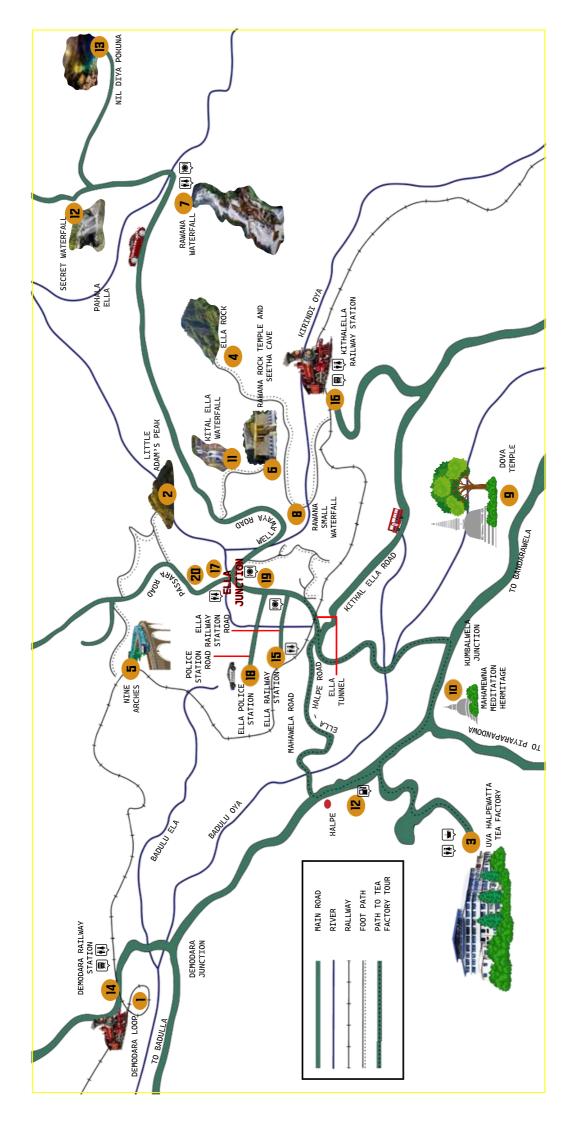


beauty of the famous destinations in Ella and enjoy your vacation in memorable way. In this chapter we are going to guide you to the famous destination in Ella that you can have fun, adventure, hiking experience and natural beauty with time to reach the destination and distance to the destination

- > Nine Arch Bridge
- > Little Adam's peak
- > Ella Rock
- > Ravana Falls
- > Demodara Loop
- > Ravana cave temple
- > Nildiya Pokuna
- > Diyaluma waterfall
- > Lipton's Seat
- > Kithal Ella Falls
- > Dunhinda Ella

- > Dhowa Rock Temple
- > Mahamewnawa
- > Ella gap
- > Idalgashinna
- > Angry Point Mountain
- > Porawagala View Point
- > Gotuwala Ella
- > Pallewela Ella
- > Ellatota Ella
- > Ran Puhulan Wala
- > Thangamale Sanctuary

# MAP OF ELLA & ITS SURROUNDINGS



- Rawana Small Waterfall
- 10. Mahamewna Meditation Hermitage

Dova Temple

. 60

"Uva Helpewatta" Tea Factory Tour

Mini (little) Adams peak

02.

01. Demodara Loop

Rawana Rock Temple and Cave

Rawana Waterfall

Nine Archers Bridge

05. 04. 03.

. 90

Ella Rock

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- 11. Kithal Ella Waterfall
- 12. Secret Waterfall
- 13. Nil Diya Pokuna
- Demodara Railway station 14.

- 16. Kithalella Railway Station 15. Ella Railway station
- 17. Tourist Police Information Center
  - 18. Ella Police Station
- 19. Ella Bank of Ceylon ATM
- 20. Ella Super Market

#### 01 . Nine Arch Bridge

Nine Arch bridge is in Demodara, between Ella and Demodara railway Station which is 2.5km away from Ella town. It is a mesmerizing architectural bridge that is nestled in the lush greenery tea plantation near by the hillside. You can be accessible by a vehicle for hire, or can you take a tuk tuk and the journey will take around 20 minutes with the traffic condition for the tunnel and you have to walk along the path to the bridge while watching a scenic view along the way. And you can alternatively try if you do not mind a hike, you can walk all the way from Ella town which will take around 1 hour time by unveiling the natural beauty of the surrounding. If you are travelling by foot you can follow up the Ella Passara Road, turning left at Sri Kanaser Temple where all the street food stalls and after that you will pass multiple guesthouses until you meet the bridge. And you can alternatively follow up the train track from Ella town all the way to the bridge. This is one of the good options as you can find smaller three arch when you pass the way which bring water. The best time to visit nine Arch bridge is when sunrising and when train crossing it as you can have an amazing experience and perfect to have beautiful scenery photographic.



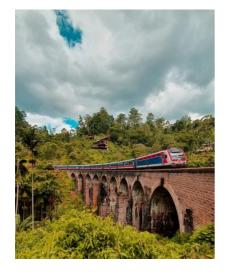
At the time of sunrising with the golden light which is perfect for photography. You can have the joy and fun in watching the surrounding which is covered with tea plantation and hills. Take your selfie stick and have a perfect shot with the surrounding. Around at 7 am more people starting to gather and by like 10 am roll around, the masses have well and truly descended.



The key time that the trains are passing the bridge is listed down and sometime the Sri Lankan train may be little delay therefore allocate some extra time on either side.







Times that the trains pass the bridge.

- 6.20am
- 09.35am
- 10.55am
- 11.55am
- 05.55pm

You can visit Nine Arch Bridge during the January – May as the weather is slightly warm and low level of rain during this period. This is one of the peak season that many travellers visit Ella as they can perfectly enjoying nature and surrounding. If you're visiting the Nine Arch bridge during the September to December which is the wet season don't forget to carryout raincoats and wear necessary clothes in your backpack as you have to face some little showers through the journey. Travelling in this season, you can have unforgettable experience in visiting Nine Arch Bridge as in this period less crowded and you can enjoy the lonely surrounding with misty views. Next, we are going to guide you for the best viewpoints that you can have from the Nine Arch Bridge.

The viewpoint from the bridge itself can have a perfect view for you. On the northern side of the bridge, where there are tea plantations below the bridge that is one of the famous place for the photograph. Another perfect viewpoint is hills towards the Ella station. This view also more perfect view over the track below that you can have lovely shot of the bridge.









Distance (From Ella Town) - 2.5km



#### 0

#### **Get Direction**

When travelling in the afternoon you can watch the glorious sunset unfold. As this hike is not more challenging one the hike is more ideal for the families with kids, nature lovers or those who seeking a peaceful environment. This hike takes about 20 to 30 minutes to climb the top of the mountain through beautiful surrounding of tea plantation and mountains.

The view from the top mountain is marvellous and there is 360-degree view.



You can have some great opportunities to take perfect photos with the nature. The return route to get down follow the other side of the mountain.

#### 02 . Little Adam's Peak

Little Adam's peak in Ella offers a breathtaking experience that accessible and rewarding. You can easily reach the climbing point of Little Adam's peak from Ella town which is about 2.6 km far by tuk - tuk or you can walk from the Ella town through the Passara Road, turning right to the Ella Garden resort before following the signs to the Little Adam's peak. An alternative entrance also located near the 98 acres resort and marked by a white Buddha statue. During the way you can find small stalls, you can relax yourself by stopping near the small hut and grab a refreshing king coconut before starting the hike as it gives you a good energy. This hike is easy and helps you to maintain all fitness level. You can climb through a lush greenery and panoramic view with sense of tranquillity and the natural beauty. The best time to climb Little Adam's peak is early morning or later afternoon when sunlight bathes the landscape with warm which create a magical beauty in the atmosphere.



Distance (From Ella) - 2.6km



15 minutes (By vehicle)



50 minutes (By Foot )

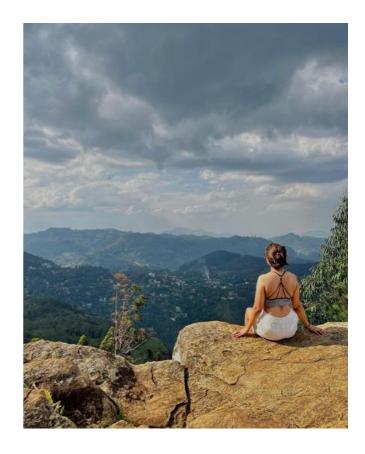
#### 03. Ella Rock



Ella Rock is a more famous destination for hiking which is located high above the Ella village where you can try two different alternatives to reach the Ella rock. This is a more challenging hike than the Little Adam's peak. The start of the hike is relatively easy and mostly fat, but it does begin to climb towards the end. We would recommend you to wear more comfortable shoes as there can leeches lurking in the grass specially after raining.



Make sure that you will carry out plenty of water, some snacks, hat, sun cream and mosquito spray in your backpack during the hike. Through the below direction you can reach the top of the The hike will mountain. take 4 approximately around hours depending on the quick you walk and how much of time that you are going spend in the top of the rock.





Distance (From Ella) - 3.5 km



15 minutes (By vehicle)



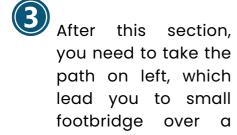
1 hour & 10 minutes (By Foot )



Starting from the train station in Ella town, turn left at the platform and start walking along the train track (walking the train track is completely normal in Sri Lanka as the train are very loud and slow and you can here when a train is coming but do not use headphone when traveling in the track)



Walk in the train track until you meet the Kithalella Railway station, after passing the station around 10 minutes you will find a narrow path with tall rocks covered in vegetable paths either side of the track. In this path try to move fast as there is not much space to either side of the track to get out when a train is passing.



little stream.



After crossing the small footbridge take the path to your right which lead you to edge of the farm from yellow house.



Once you reach the yellow house, turn left up to the hill, and follow the up path through the trees. At the top turn right, do not take stairs as it led you for a private land. Therefore, continue the path guided by tree line.





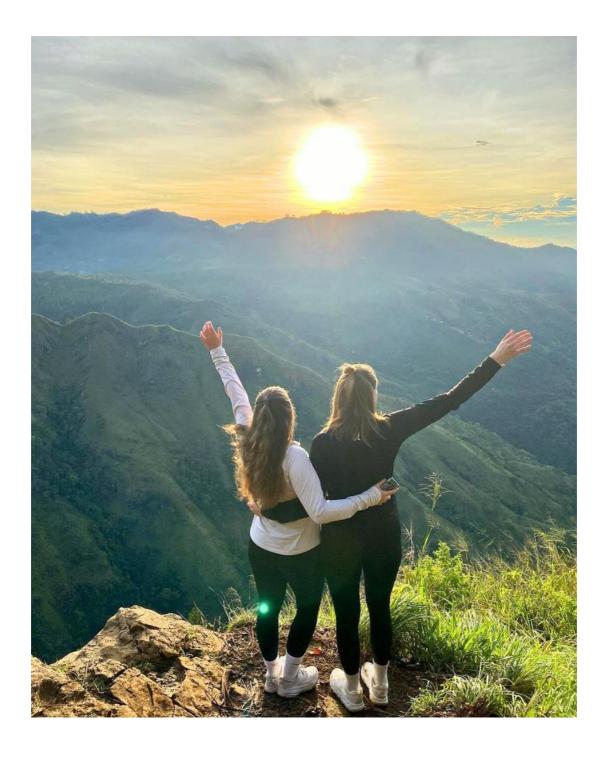
In this path come to the top until you find a ridge. Follow the ridge on the right, after that you will get the view of landscape and the side of the Ella rock. Take a moment and catch a deep breath before you start the last ascent.





The last ascent of the hike begins with the section of steep steps before arriving to the forest. Follow the winding path of through the forest until you reach the top of the Ella rock.

The top of the Ella rock will give a stunning view which will lose all your tiredness. The view from the Ella rock gives you an amazing experience with the nature. And during the path you can enjoy the incredible views and beautiful different views and you can refresh yourself by a fresh juice from the viewpoint juice bar in top of Ella rock. Therefore don't forget to have a hike to Ella rock when you visit Ella.



Another alternative route that you can try is Kithal Ella road and reach the Ella rock within 5.3 km . When you walk through the Kithal Ella road , you can reach the Kithalella station road and follow the above route from the step 02



Distance (From Ella) - 6km

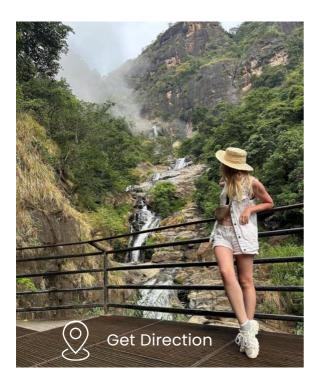


20 minutes (By vehicle)



2 hour (By Foot)

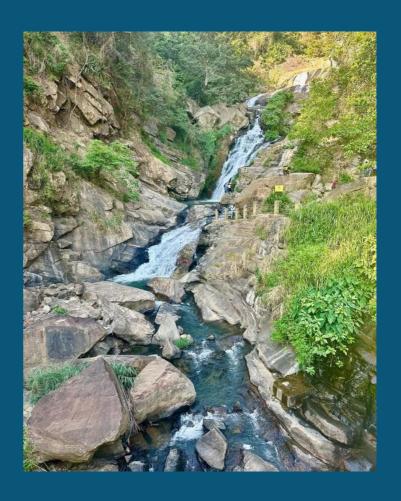
The first set of falls is a popular spot where majority of travellers spend time together. You can have some time of swimming near this spot but be safe as the rocks are slippery sometimes. The best time to visit Ravan Fall is during rainy season from October to January as during this period waterflow is high and creating a beautiful view.



But it is important to be aware as heavy rain may cause floods. From February to April, the climate is generally dry, and fall may not be much full but still the surrounding around the fall is beautiful and the area to walk around the waterfall is safer and more accessible.

#### 04. Ravana Falls

Ravan Falls is a beautiful cascading waterfall located in the Ella town which is 6 km away from local Railway station at Ella. You can get to Ravana Falls from a local bus from Ella bus stop or you can travel near to the fall using a tuk-tuk in Ella. This fall features 3-tier cascading waterfalls that gushes down the rock face, creating rock pools along its path. The atmosphere was enhanced by the soothing sounds of rushing water and the symphony of tropical birdsong. This provides you an opportunity for leisure swimming activities and adventurous activities by climbing over the rocks to get closer look to the fall.



#### 05 . Demodara \_\_\_\_ Loop



Distance (From Ella) - 8.3 km



20 minutes (By vehicle)



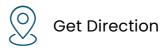
30 minutes (By Train)

The Demodara tunnel and the railway entrance referred to as the Demodara Loop. It is where the rail line travels around a spiral loop beneath itself and appear out of a tunnel located underneath of the Demodara train station. You can get to Demodara by the train which takes only 15 minutes ride through the train. Along this travel you can experience more greenery views and can go from the top of the Nine Arch bridge.



After you get off from the train you can go to see the viewpoint to see the Demodara loop. So going by a train getting off at the Demodara station will be able to see a train going from the loop to get the best experience of viewing Demodara loop. You can refer to the details regarding this loop which is displaying in the station. When you are going back to the Ella you can even walk from the railway track from Demodara Station to the Ella station which is only 6 km.

During this travel you can find the Nine Arch Bridge also. Demodara station to Nine Arch Bridge 4km, Nine Arch Bridge to Ella station 2km. From Ella station to Ella town is only about 1 km. Be careful in some places the track can get narrows. This path allows you to enjoy the nature with hills, Demodara.





Distance (From Ella) - 2.6 km



10 minutes (By vehicle)



50 minutes (By Foot )

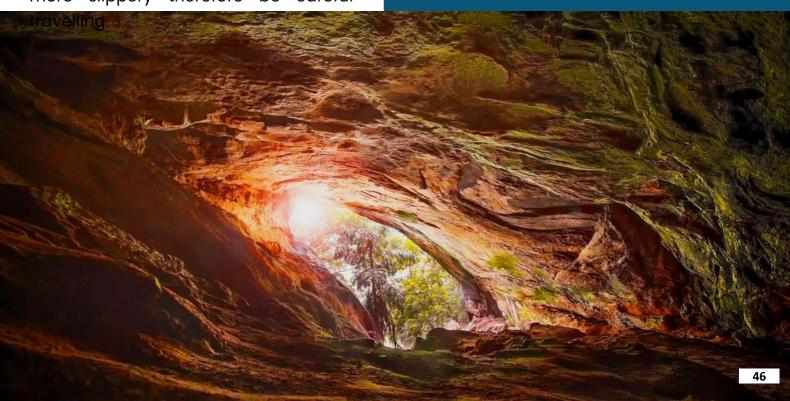
When you get close to Ravana Caves you can have an amazing view of the mountains reveals itself. When you are travelling on the way you can see many monkeys and birds chirping. Do not forget to carryout water bottle the when reaching cave comfortable clothes and shoes should be worn as the weather can be humid. And, don't carry out food in your hand as it can attract monkeys. Once you reach the mouth of the caves, you can step into broader area which is considered as a part of Ravan's place. This point is more exciting and inside the cave is darker, therefore don't forget to carry out a torch with you. During monsoon period the path is more slippery therefore be careful

#### 06 . Ravana Cave Temple

Ravana Cave temple is located 2.6 km away from the Ella town and 11 km away from Bandarawela. It is said that the this, Ravana Caves are old about 4000 years and the temple is old about 2500 years. If you are travelling from a vehicle you can travel up on to the hill till you reach the Ravana Ella Temple and from there you must climb about 800 steps to reach the Ravana caves. To enter Ravana Cave temple, you have to pay a fee of Rs.250 per person. In the history it is believe that Ravan King have built an underground place, and the path to that place started from these caves. There are cement steps, and some made from the rocks and tree roots.



**Get Direction** 



Nildiya Pokuna is located 13.3 km away from the Ella. It is a wonderful place to have an adventurous experience. It is believed that King Rawana brought sita from India and kept hidden in this place. This is an amazing adventures downhill hike journey that end up with exceptionally clean and stagnate pool of water. This only for the people who love adventure as the pathways and narrow opening of the stone make an intriguing trail. This journey is quite tough and impossible without a guide because a slight mistake can be dangerous.

#### 07. Nildiya Pokuna



Distance (From Ella) - 13.3 km



25 minutes (By vehicle)

The path is dark, and it is necessary to wear helmets with headlamps as there are many bats and flies inside the cave. You need to wear suitable clothes for an adventure and trekking shoes, or bare foot is possible for this journey. The entire adventure from start to end takes about two and half hour. If you want to experience with adventures journey when you visit Ella don't forget to add Nildiya Pokuna for your list.



**Get Direction** 





Distance (From Ella) - 40 km



1 hour and 10 minutes (By vehicle )

The upper Diyaluma waterfall is more beautiful and have deep pools to swim and the lower Diyaluma waterfall have more dramatic drop off. The pools are very cool and giving you a very refreshing feeling after the hike in the heat. There are several ways to reach the falls. One route starts from the Makaldenya Junction on Poonagala Road, which is the shorter and easier route.

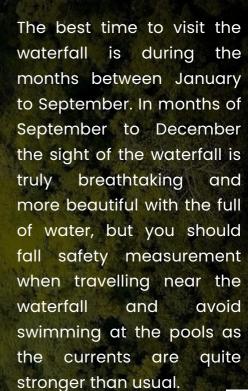
#### The hike is through downhill and passes through the long grasses. And you also can use another alternative route near the village of Koslanda which is little harder to follow. It takes about 2 hours and 40 minutes 40 hike. And the minutes' walk beautiful through the long grass, there is no real marked path for this.



Get Direction

#### 08. Diyaluma Falls

Diyaluma waterfall is in Badulla district in Koslanda. There is 40 km distance from Ella and 30 km from Haputhale. On Colombo – Badulla highway, it is one of the stunning waterfall in Sri Lanka and one of the famous Ella tourist place. Diyaluma waterfall is the second highest waterfall in Sri Lanka, and it is home to epic views with some best natural water pools in the world. This waterfall has two set of waterfall which are upper Diyaluma waterfall and the lower Diyaluma waterfall.



#### 09 . Kithal Ella Falls



Distance (From Ella) - 2.6 km



10 minutes (By vehicle)



50 minutes (By foot)

Kithal Ella is one of another stunning destination that you should add to your see list in the Ella town. It is one of the beautiful waterfall in the Ella town which stands at a height of 23 meters with a stunning backdrop and is best during the raining season. During this period, it is known as lovely as the snow queen. The fall on the top is more beautiful with blue water and shallow ends.



Get Direction



How you can reach there,

You can walk along the path from Ella Station to Kithal Station or you can use a train. The distance from Ella station to Kithal Station is about 2.4 km via the train track. Just before the station there is a bridge which crosses over the stream that feeds the waterfall. By using the small path towards the right, you can reach the base of the waterfall. If you do not like to walk you can even use a tuk tuk from Ella station and reach the Kithal Ella road and reach the waterfall.



49



Both two routes are scenic with beautiful and greenish tea plantation. If you are starting from Ella city the best route that you can follow is Poonagala and through Nayabedda Estate route. Tuk Tuk is the most ideal vehicle to travel in this route and it take about 01 an hour to reach there. And, if you are coming from upcountry railway then the Haputale and through Dambethenna tea estate should be choose. The public transport buses also available in this route but travelling from a tuk tuk or from a bike will be better in this route. From this route it takes about 1 hour to reach the destination. When you are entering the Lipton's seat you should buy a ticket and you must walk about 1.5 km to reach the actual viewpoint. From this view point you can observe five major provinces of Sri Lanka. Those are Uva, Sabaragamuwa, Eastern, Southern, and central provinces.

The best time to visit Lipton' seat is early morning. On that time you can watch the beauty of the sunrise from the distance. It is a fantastic and scenic view that you should capture form your camera. Lipton' seat is a very cool place with sudden weather changings therefore should be ready for the before you go. This place is open from 6 am to 5 pm. Don't forget to visit Dambethenna Tea Factory when you are visiting this place, and you can further analyse the tea manufacturing process.

#### 11. Dunhinda Ella



Distance (From Ella) - 26 km



50 minutes (By vehicle)

Dunhinda Ella is a beautiful waterfall located in Badulla district which is 26 km away from the Ella. This waterfall is sourced by the Badulu oya. The best time to visit the waterfall is June and July but it is also worth for you to visit any time of the year. There is a narrow path to reach the waterfall consist with small streams and the area is with monkeys.





Get Direction

How you can reach there,

From Ella town, it will take about 01 hour to reach the fall using a taxi. From Ella city you should travel along the Bandarawela – Badulla road passing Kumbalwela and Demodara. After that you must turn into the Mahiyangana road and travel up to Dunhinda junction which is 6 km away Badulla. There is a sign with a board with a gate at the side of road. From here you must travel along a footpath towards the waterfall of about 1 km and this path is sidelined by small vendors selling food and drinks that allow you to refresh yourself while travelling to the waterfall.



The temple is home for many rock paintings, sculptures and the cave walls was covered with beautiful "Jathaka Stories" that describe the Buddha's past lives. To get deep understanding about the temple's history, art, and other important things you can hire guide for this purpose.





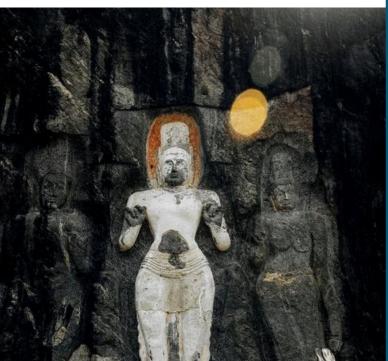
Distance (From Ella) - 6 km



15 minutes (By vehicle)



1 hour & 15 minutes (By foot )



## 12 . Dhowa Rock Temple

Dhowa Rock Temple is a perfect destination for those who are interested in Buddhism. Art. and Architecture. You can reach the temple through the Bandarawela - Ella Road which is 6 km away from the Ella town. You can take a bus or tuk tuk to reach the temple.



Get Direction



Many guides can be found near the entrances of the temple, and you have to pay fee for their service. There is no entry fee for the temple. As this is a religious place visitors are expected in proper dress code such as covering shoulders and knees removing your shoes before entering to the temple. This ancient temple offers you to get understanding about the unique glimpse into the country's past. With the serene atmosphere and surrounding around the hill country view gives you a memorable and enriching experience. 52

#### 13 . Mahamewna Meditation Hermitage



Mahamevnawa Meditation Hermitage is located near the Ella town. You can reach this place by a three-wheeler to the place through a Mahamevnawa Road, Kumbalwela. The hermitage is located on the top of the mountain where it rewards you a beautiful scenery view below and it is home for about 30 Theravada Buddhist Monks.



Distance (From Ella) - 3.5 km



15 minutes (By vehicle)



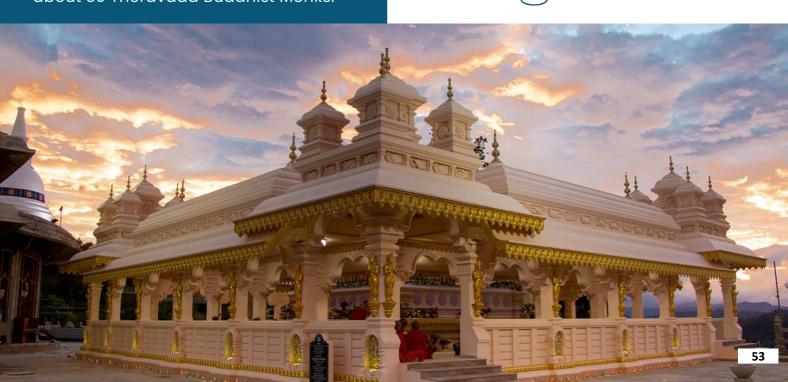
1 hour & 10 minutes (By Foot)

You can visit this place to relax your mind by talking with the monks about the Buddhism and spiritual life. You can have personal meditation instructions from the monks which can immerse yourself in the serene world of mindfulness and you can join the evening chanting at 6.00 pm.

When you are visiting the hermitage, you can carry food and water bottle for yourself and it will be easy for if you wear shoes that can be easily removed. If you like you can bring flowers and oil that can offer at shrine which bring you a relaxation for your mind that take you away from the busy world.



**Get Direction** 





#### 14. Idalgashinna

Idalgashinna is small town located in Badulla district in the Uva province of Sri Lanka. Idalgashinna is more famous for its picturesque tea lands, cool, misty climate in central highlands of Sri Lanka. This region highly contributed for the country's renowned Ceylon tea industry and attracting many tourists for this place due to its scenic beauty.

Idalgashinna Railway Station is a main tourist attractive place in Sri Lanka. This railway station is located on a steep hillside on both sides. It is serviced by the tourist trains, Podi menike, Udarata Menike and Night mail and other local main line trains for hill country. The speciality of this railway station is that rainwater falling joins to the Mahaweli river on one side and Walawe river on the other side. On a clear day you can even see the South seas from this station. At night you can even see the light of Dondra lighthouse from the stage of the railway station.

You can have a wonderful experience through the tea plantation and pine groves in this environment. You can have a hike and camping near the mountains in Idalgashinna. Rail hiking should be done with the permission of Railway Department. Don't forget to beautiful have experience in Idalgashinna.





#### 15. Ella Gap

Ella is a beautiful village that was surrounded by beautiful mountains and stunning views of nature. Ella gap is a scenic location that is situated in the between the mountains of Ella. The village on both sides covered with huge mountains and at the front right is renowned Ella rock. The space between these two spaces is known as Ella's gap, and through this gap you can see the plains below, it is incredibly famous and absolutely stunning and beautiful view that has encouraged the backpackers watch this view. This place is more popular among the locals and tourists for photographic and video shoots.

#### 16. Secret Falls Ella

Secret Falls in Ella is a hidden gem, a secluded waterfall nestled in the jungle, accessible via a scenic hike, offering tranquillity and natural beauty.





Distance (From Ella) – 11 km



Madulsima - Pitamaruwa Mini World's End is scenic village within day excursion distance from Ella and Badulla. This is a very rare place visited by the foreigners but a very popular place among the locals for hiking and camping. The hiking path from the small car park at the gravel road is only 1.5 km long.





Distance (From Ella) - 55 km



1 hour & 40 minutes (By vehicle )



#### 17. Madulsima

It is nestled on a rock that is high more than 300 m and the view point is elevation above the sea level is 1388. Camping in Madulsima Mini World End Camping just at the Pitamaruwa Mini World's End need a special permission. But you can easier arrange a camping option in the surrounding 4 km (2.5 miles) and Madulsima Nature Camping 7 km (4.5 miles) further south.



The best period to visit is in the early morning during the local dry season, that allows you to observe of changing the cloud formation. Be aware in the night as the temperature would become cooler like below 10 degrees centigrade and the edge of the plateau sometime can be more windy and stormy. Make sure to bring enough food and water with you when you are visiting this place. Leech protection is highly recommended in here.





#### 18. Gala Muduna Temple

Gala Muduna Sri Sambuddhaloka Temple is a temple located Kahataruppa area in Badulla District in Sri Lanka. This temple is in high observation point where you can view a scenic view of the surrounding mountains and landscapes. You can have a peaceful atmosphere when you reach the temple and you have a panoramic view of Madolsima and Kohonawala village which has least sunlight in Sri Lanka from this viewpoint. If you are travelling to this by Badulla, you place can go Galamuduna Temple by Kahataruppa bus or else you can hire a tuk tuk and reach the temple.



Distance (From Ella) - 42 km



Get Direction



## 19. Angry Point Mountain

It is one of the must visit place in Ella. You can view a greenish mountains and landscape in hill country. This is a lovely place for nature lovers to embrace the nature and its surroundings.



Distance (From Ella) - 9 km



Get Direction



#### 21. Devil's Staircase View Point – Ohiya



• Distance (From Ella) - 42 km



**Get Direction** 

To reach Devil Staircase viewpoint, you can start from Ohiya and go through the Bambarakanda or Kalupahana which is easier and it would be more easy to reach the point by foot as it is mostly down the slope. The scenic Devil staircase is one of the beautiful trails and best for the adventure seekers. It is a one of the popular places among the foreigners and locals.



#### 20. Wangedigala

Wangedigala mountain hiking spot in Badulla district. It is considered as the 14 th mountain in Sri Lanka. You can reach the mountain along Kalupahana -Ohiya road. There are several points to start the hike, but the easiest and fastest way is the Kalupahana Black and White bridge route. Hikers need to pass the sloppy and steep mountain covered with pine trees. Hiking through the forest gives you an amazing feeling surrounding the view Bambarakanda fall and Lanka fall and all the way to Ohiya gives you a best feeling to your hike.

#### Tips for the hike,

- Carry at least 2 litres of water for one person.
- · Start the hike in early morning
- You can get a help of local guide.
- Do not put the polythene or plastic to the environment.





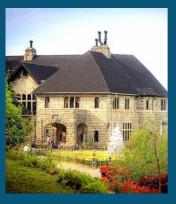
Distance (From Ella) - 40 km



**Get Direction** 

# 22. Adisham bungalow

This Bungalow is the country house of Thomas Lester Villiers, but today it has become the Adisham Monastery of the St. Benedict. It is located in 3km away from Haputhale Town, it is one of the picturesque corners in the region. This country home has a beautiful view of the Uva valley with a wonderful garden.



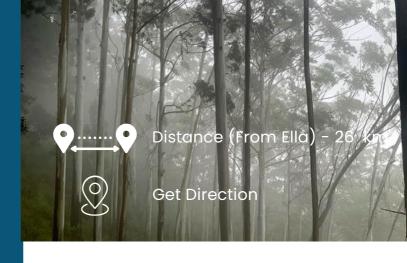




Distance (From Ella) - 25 km



**Get Direction** 



# 23. Thangamale Sanctuary

It is a forested zone that is located near the Adisham hall which is a home for birds, butterflies, and other fauna. **Apart** from the wildlife Thangamale offers you a stunning view of lush green hills and tea plantation. Visitors for this Sanctuary can travel through the jungle in a leisure way Adisham Hall till the Idalgashinna Railway Station. This place allows you experience the wildness and the nature with endemic species.



#### 24. Wewessa Viewpoint



Oistance (From Ella) - 36 km



**Get Direction** 

It is a viewpoint amidst among the scenic landscape in Badulla. This viewpoint offers you a panorama of nature that provides you a amazing experience in the heart of nature. From the moment you arrive to this point you can see the greenery and majestic mountains.

#### 26. Porawagala Viewpoint



Distance (From Ella) - 12 km



**Get Direction** 



It is a beautiful viewpoint located in Bandarawela. It is a popular viewpoint that you can watch the beauty of Bandarawela town. This viewpoint is located 3 km away from Bandarawela town. The beautiful hilltop provides you the amazing view of the surrounding area with lush greenery.

#### 25. Poonagala Viewpoint

It is a wonderful viewpoint located Poonagala along the Road Bandarawela. This scenery viewpoint stands about 1400 m above the sea level. The trek to Pilkington point will take around 1 hour walk along the Bandarawela – Koslanda Road. If you are going by a vehicle it will take only few minutes. This point gives you the chance to view Monaragala district, Hambantota district, Ratnapura district, Wellawaya, Kataragama Kirivehera, Udawalawe and Embilipitiya.

If you are travelling from Ella you can travel along the Wellawaya - Ella road, Kumbalwela highway, welithenna road and Bandarawela - Poonagala Koslanda Road passing Makulella and Liyangahawela along the Poonagala road to reach this point.





Distance (From Ella) - 29 km



**Get Direction** 



# 27. Pallewela Ella Waterfall

Pallewela Ella waterfall is considered as highest waterfall located in the jungle of Karandagolla area on the Ella wellawaya road. This place has become more popular now due to the hotels in this area. The waterfall is located on the middle part of the jungle on Wellawaya road.

To reach this waterfall you must travel along the Ella – Wellawaya road. There is an unmarked narrow road with concrete on the left that leading you to this waterfall. The last part of the path is through the forest.



Distance (From Ella) - 10 km



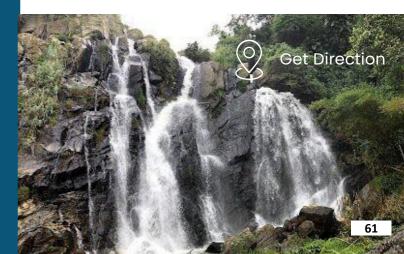
Get Direction

#### 28. Gotuwala Ella

It is a small waterfall in Ella. You can reach it by travelling along the Ella Passara Road, and turning right to Daluggalapathana road, to reach this fall. This not much more famous among the travellers but a very beautiful waterfall. You can observe this waterfall only through the railway line. When you are reaching this place through the rail track be careful as the rail track can be narrow in some parts.



Distance (From Ella) - 4 km



#### 29 . Ran Puhulan Wala



Oistance (From Ella) - 6 km



#### **Get Direction**

This is more stunning and beautiful waterfall located on base of the Dambegahawela Mountain Range. At the point of the beginning of the waterfall there is a deep pool called Ranpuhulanwala. This is a best place for nature lovers to enjoy the natural surrounding to relax yourself.

#### 31. Bambarakanda Waterfall



Distance (From Ella) - 40 km

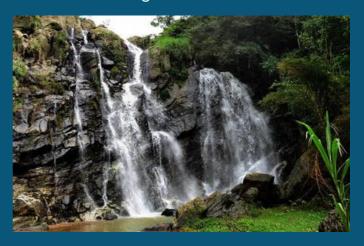


#### **Get Direction**

It is one of tallest waterfall with a sheer drop of 263 meters. This waterfall is popular tourist attraction place in Badulla district that lies in the central hill country in Sri Lanka. This place also more popular for photography and you can take stunning photos of the beautiful waterfall and the surroundings landscapes. The best time to visit this place is during monsoon season as the water flow is at the peak level and the surrounding is very greenest.

#### 30. Ellatota Ella Waterfall

It is a beautiful waterfall located in Bandarawela city. The waterfall is lies Ellatota Bridge near the Bandarawela - Hatton Road. This waterfall is only visible to the main road just before Ellatota Bridge. You can have a scenery view of the flowing down water of the waterfall and enjoy the surrounding view as well.





Distance (From Ella) - 12 km

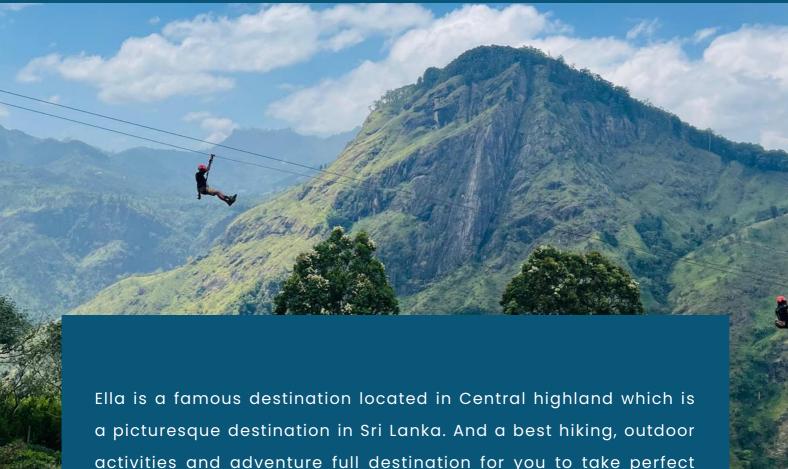


**Get Direction** 



To reach the fall you need to travel along the Balangoda - Badulla Route to Kalupahana town. The turn toward the waterfall is marked by a small signboard. You can travel along this curvy road about 3.5 km where you will come to a place where the fall is directly visible to you form the left.

# Chapter 04 <u>Ella's Outdoor Adventures</u>

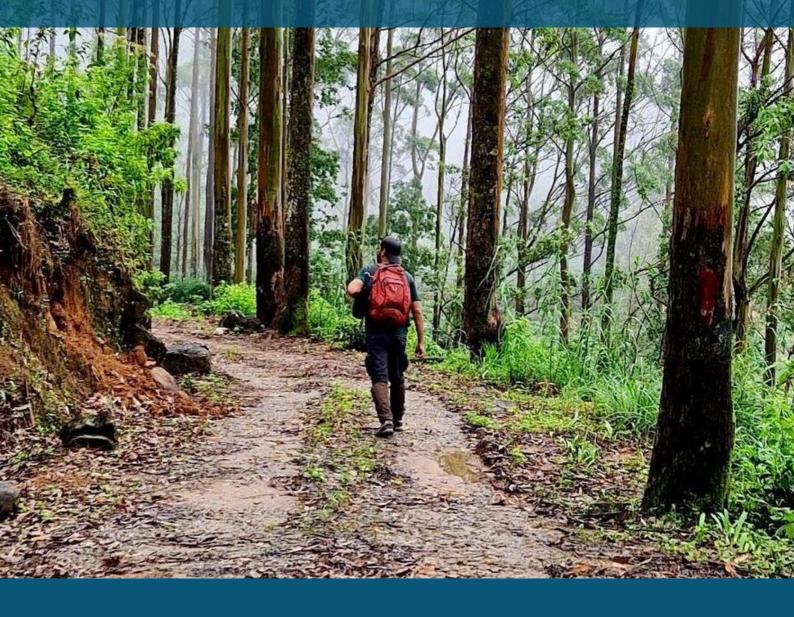


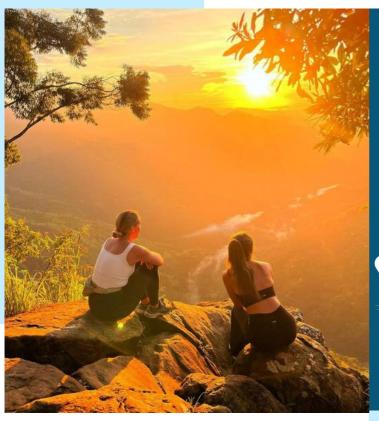
a picturesque destination in Sri Lanka. And a best hiking, outdoor activities and adventure full destination for you to take perfect and amazing hiking and adventurous experience. It is home for many popular mountains and waterfalls that offers you the both easy and challenging trails and chance to get a beautiful hiking experience with your friends and family members. Ella is a best destination for adventure lovers that allow you to take that experience. In here there are some great activities that you can engage in Ella including famous hiking trails in Ella, adventurous activities in flying Ravana site and the camping sites that allow you to have great camping experience.

# Famous Hiking Trails in Ella

- Pekoe Trail Stage 15
- Nine Arch Bridge
- Amba RIver & Ridge Loop

- Ella Rock Trail
- Amba to Ella via Ella Rock





## The Pekoe Trail Stage 15: Makuluella to Ella



• Length - 9.5 Km



Time to Complete - 03 hrs



Season to Visit: Feb to April



Route Type: Point to Point

The Pekoe trail is the first longest distance hiking trail in Sri Lanka with 300+ km walking through the central highland of Sri Lanka, where you start from Hanthana at Kandy and end ups in Kandapola - Pedro Estate at Nuwara Eliya.

This is the first trail allows you to walk discover history, the terrain, culture, food, natural beauty and the local communities across the Sri Lanka. The trail us made up from the 22 stage which you can complete by stage wise as multi day experience. You can enjoy the hill town views, tea lands, remote village, forests, viewpoints from mountains and cultural locations







The Makuella to Ella is the 15 th stage of this Pekeo trail. This is a kind of moderately challenging route where it gives you the chance to backpacking, hiking and walking. It starts from Makulella at the temple of Alimale Bodhiya which is a lovely buddhist temple overlooking the Ambagaswatte valley below.





Throughout this trail you will be able to enjoy the nature with beautiful river falling through the valley, tracks through a forest area. Then you can reach the top of the Ella rock. The second stage of this trail marked by the Ella rock which is more serene.

The view from the rock highlighted the valley below, little Adam's peak on the other side of the the valley, and mountains in the surroundings. After that there is a steep descent, first through the eucalyptus forest and then past local homes all the way to Kithal Ella Station. From Kithal Ella station you have to walk on the railway track until the Ella station where the trail is finished. And in this way, you can find merchant with selling snacks and fresh fruit where you can enjoy them.

## Nine Arch Bridge



Length - 1.3 Km



Time to Complete - 30 MIns

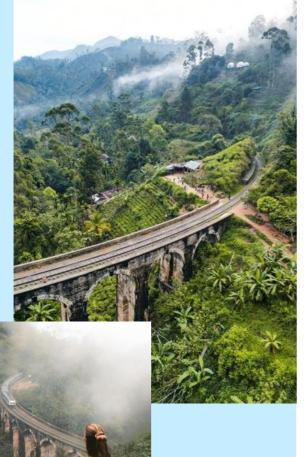


Season to Visit : Anytime of Yr



Route Type : Out & Back

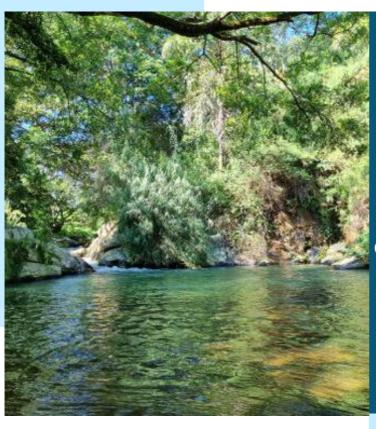




You can explore this trail within 1.3 km near the Kithal Ella, Badulla. And this is a type of hike which is moderately challenging. This is one of the popular hike in Ella that allow you to hike and walk by enjoying the surrounding of the route to Nine Arch Bridge.

This trail is open for at any time of the year, at sometimes you will have face small showers during some season therefore don't forget to carry raincoats specially during the October to November period.





## **Amba River** Ridge Loop



Length - 2.4 Km



Time to Complete - 50 Min



Season to Visit : Dec to March



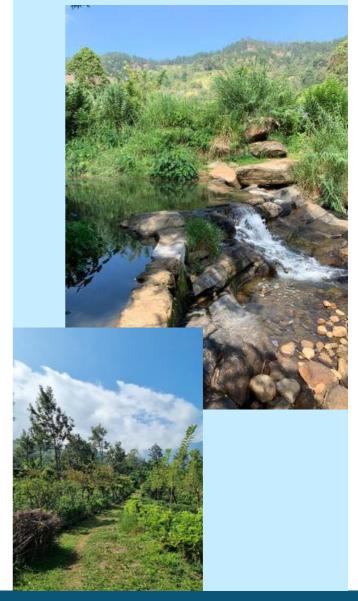


Route Type: Loop

You can enjoy this trail near the Kithal Ella which is 2.4 km way and the route is somewhat moderately challenging . This trail is great for you to experiences hiking and walk near through the Amba river. The scenic route of this trail will give you a perfect blend of trill and immerse yourself in the beauty of the Amba river.







## Ella Rock Trail



• Length - 5.3 Km



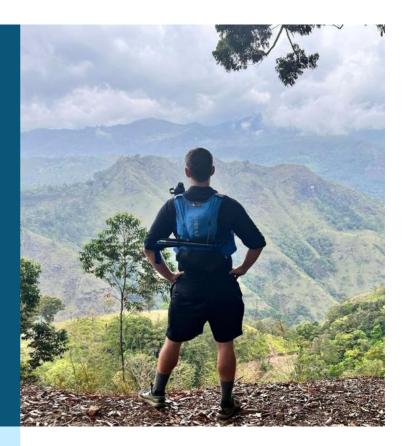
Time to Complete - 03 Hrs

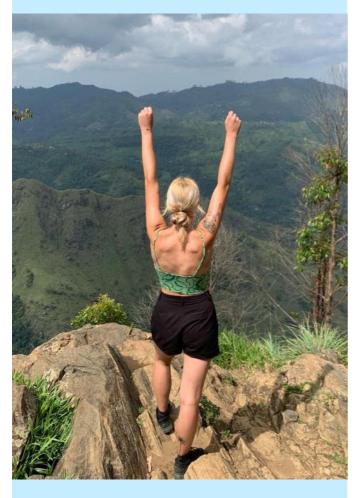


Season to Visit : Feb to April



Route Type : Out & Back





You can start this trail from Kithal Ella and reach the Ella rock within 5.3 km. Ella rock is one of the most famous destination for hiking and who ever visit forget to have a hiking Ella don't experience to Ella rock.

The route of this trail is a challenging route therefore don't forget to have enough water and snacks to energy yourself during the hike.





## Amba to Ella via Ella Rock

Length - 9.8 Km



Time to Complete - 3hr & 20Min



Season to Visit : Feb to April



Route Type: Point to Point

The trail start near the Kithal Ella with moderately challenging route. The trail is perfect for backpacking and hiking. It starts with the view's tea fields across the rice and vegetable cultivation and imposing you towards the Ella rock views. In this trail you can get a chance to across a small wide dam and experience butterflies flirting around this trail.





During this trail you can visit Buddhist forest monastery and meditation center with beautiful overlooks. After this you can view the most beautiful view in Sri Lanka, the Ella rock juts out into a gorge called Ella Gap with 270 degree views. Across this valley is Mini Adams Peak and the imposing Namunukala Mountain Range. During this way you can refresh yourself from King coconut water (Thambili). After passing all these ways you can drag yourself away from the beauty and head to the Ella town.



## Adventure Activities in Flying Ravana Site

You

Mega zip line: It have two wire zip line that is stretched for more than half a kilometer, with maximum speed of 80kmph, by offering you to enjoy the beautiful mountains country.

offering ATV/quad bike rides, Abseiling, climbing wall and Air rifling for a gripping outdoor experience. Abseiling: In here you have the

adventures experience with

flying Ravana park which is

located in Ella which allow

experience in Mega Zip line,

a

vou to have

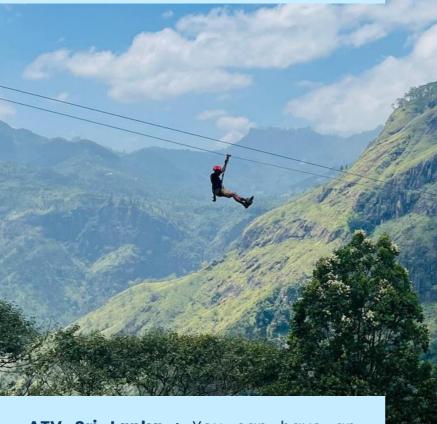
amazing

perfect

chance to get the experience rappelling down a rockface while enjoying the beautiful views in Ella such as Ella rock and Ravana waterfall

Air rifling: It is great activity for anyone who like to improve keen eye, a steady hand, and quick reaction. You will guide by well trained, friendly and skillful team.

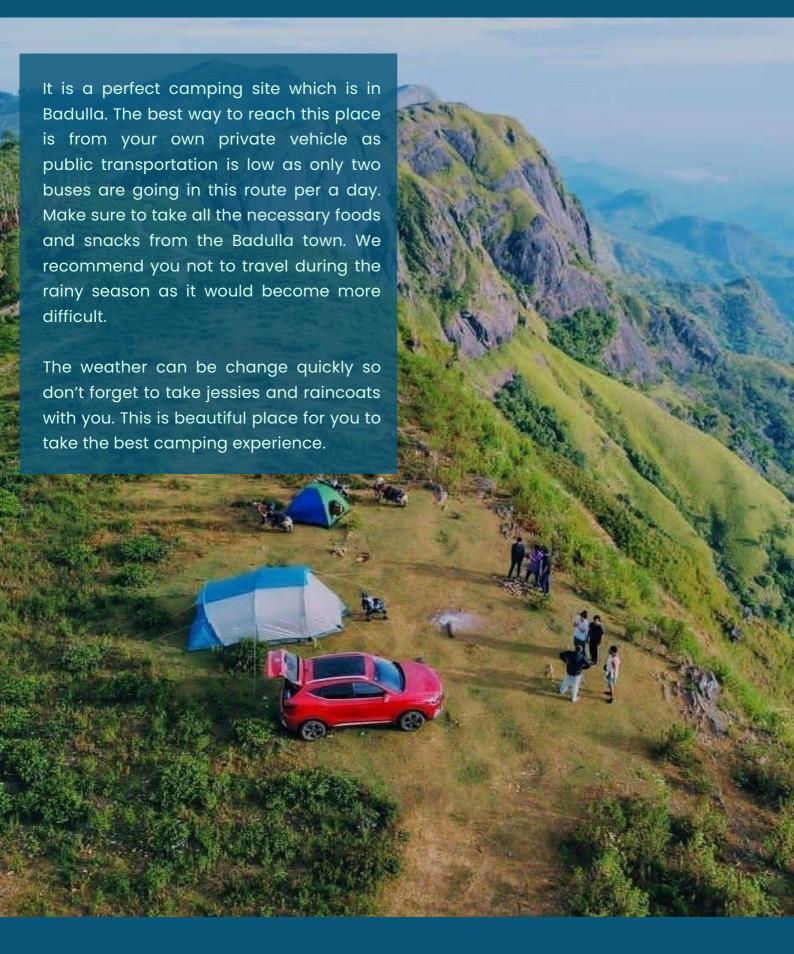
Climbing Wall: In Flying Ravana site you have the chance climb the wall with an amazing view from the top.



ATV Sri Lanka: You can have an adventures experience on powerful four wheeler and experience the ATV discovery at flying Ravana site in Ella. The designated off-road area is a specially made with thrilling tracks, tea fields, jungles and passing picture perfect view points in Ella



## Madolsima (Mini World's End )



## Narangala Mountain Badulla

It is a beautiful mountain located in Badulla district. You have to travel from Badulla to Hali Ella to reach this mountain. This mountain is considered as the second tallest mountain in Uva district. This place is considered as a famous hiking and camping destination in the present.

## Babaragala Pathana (Knuckles)

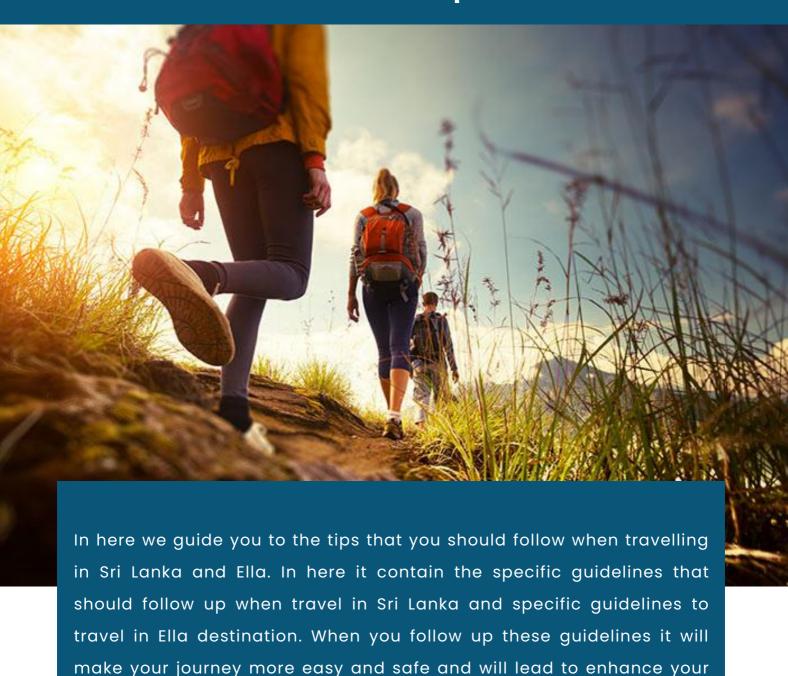
It you are person who loves adventure, then this is hiking and a camping destination that you should try. It is in Badulla district, 19 km away from Babaragala Pathana Ella city. In the camping site you have the facilities to park your vehicle (if it is a bike you can take near to the camping site and if you are coming from a car you can park it near the houses in the village). This is more challenging place for hiking activities and can geta a best camping experience







## Chapter 5 Travel Tips



in Sri Lanka and Ella. In here it contain the specific guidelines that should follow up when travel in Sri Lanka and specific guidelines to travel in Ella destination. When you follow up these guidelines it will make your journey more easy and safe and will lead to enhance your travel experience to embrace the beauty and take maximum enjoyment from your journey without any problem. We recommend you to have a good idea regarding the travel tips before travel in Ella destination.



### How to apply visa to visit Sri Lanka

Every tourist should apply the Electronic Travel Authorization (ETA) prior to their visit to Sri Lanka.

#### What is ETA Visa?

ETA is an official authorization for those who visit Sri Lanka for a short time, and it is issued electronically with the intention of providing you an efficient, simplified and reliable service for you to visit Sri Lanka.

#### How can you apply to ETA?

You can apply it fully electronically. Once your Visa is approved, they will send you the travel documents as a PDF through an email and you can present these documents digitally or hard copy at the country's border.

You can visit the website of Department of Immigration and Emigration Sri Lankan Identity Overseas through the below link to apply ETA online.

https://www.immigration.gov.lk/index\_e.php CLICK HERE X

#### You need to upload the following documents to apply for ETA visa,

- Passport validity A passport that is valid for at least last 6 months before you arrive Sri Lanka.
- Digital Photo- A recent photo that meets the standards of your travel documents.
- A valid Email Address Provide a valid email address as your relevant documents will email for you.
- Means of payment- Credit card or debit cards will be accepted.

#### Follow the following three steps to apply ETA through the above-mentioned website:

- Complete the iVisa.com questionnaire with your personal information.
- Choose one of our processing times depending on your travel budget. Then, attach the required documents and confirm payment.
- Finally, accept the process and wait for the confirmation email.

#### For more information you can contact the below numbers:

Department of Immigration and Emigration Ananda Rajakaruna Mawatha, Maradana, Colombo 10.

Tel: +94-11-5329000 / +94-11-5329316/20/21/25





Sri Lanka has transitioned from the ETA system to the new eVisa scheme. All visitors should complete an eVisa application before they come to Sri Lanka.



## How to Apply for an eVisa?

- · Visit the official website of evisa in Sri Lanka.
- You have to create an account to log it first.
- Then fill the online application form with relevant and accurate information.
- Upload the relevant documents Scanned passport, recent photograph and other additional documents required for evisa category.
- Pay the evisa fee online.
- Once your application is submitted and payment is confirmed, you will receive a receipt and unique application reference number.
- You can track the status of your evisa using application reference number.
- Once your visa is approved, take a print our and present it to the Immigration officer at the port of entry in Sri Lanka.

#### Documents to be carried at the Airport.

- A printed copy of your approved evisa.
- Your passport with at least six-month validity.
- A return ticket or a proof of onward travel from Sri Lanka.
- Applicants from below nationalities, necessary to submit the yellow fever vaccination certificate, when entering Sri Lanka to comply with international health regulation (Angola, Argentina, Benin, Bolivia, Brazil, Burkina Faso, Burundi, Cameroon, Central African Republic, Chad, Colombia, Ecuador, Equatorial Guinea, Ethiopia, French Guiana, Gabon, Gambia, Ghana, Guinea, Guinea-Bissau, Liberia, Mali, Mauritania, Niger, Nigeria, Panama, Peru, Rwanda, Sao Tome And Principe, Senegal, Sierra Leone, Somalia, Sudan, Suriname, Tanzania, Togo, Uganda, Venezuela, Zaire)

#### How to extend the visit visa?

#### How can you renew tourist visa??

Every tourist who visits Sri Lanka can apply for visa extension within the period of landing and before the expiry of their ETA visa. You have the chance to extend your visa for two months of period from the Department of Immigration and Emigration (Head Office) or online through the https://www.eta.gov.lk. However there should be a with valid reasons for the extension of visa.

#### What are the documents You need to extend the visit visa?

- The return ticket.
- Address and the telephone number in your accommodation place.
- The application along with a photograph of the applicant.
- · Valid passport.



For more information, you can reach this website:

Visit Visa (immigration.gov.lk)



## How to buy a sim card and data connection



You can usually buy SIM card from the airport itself or any local convivences shop. There are 04 major network providers Dialog, SLT Mobitel, Airtel and Hutch. It is recommended to use Dialog as it have more customer base when compared to others.

#### Post Paid or Pre-Paid Plans for tourists

Post Paid are pay before you use and Pre-Paid are pay after you use. As a foreigner you can only use Post paid as in order to take Prepaid you have to provide utility bill proof valid 6 months or a Sri Lankan bank statement.

#### **Documents required**

You need only passport, but if your passport doesn't have your address then you need to provide a proof of your residences in your country, like an identity card or a driver's licenses.

#### How to activate the SIM card

After the details are verify, your Sim will be activated within 5 to 10 minutes. You do not want to take any extra steps in activating SIM card.

#### Validity of the Sim

Most of the tourist Sim are validate up to 30 days but you can extend it up to the period equal to your VISA validity.

**Helpful tip** – You can track your data availability by downloading your network providers app and recharge if your quote is over.









## Sri Lanka's Voltage

The standard voltage in Sri Lanka is 230 V at a frequency of 50 Hz.

You need a Universal power adapter to charge your devices.

Most of the sockets in Sri Lanka are type D, type G and type M types plugs. Therefore it is recommended to buy a universal adapter that you can used in 150+ countries including SriLankan to charge your devices including Laptops and phones.

# Where to exchange currency?



The currency unit in Sri Lanka is Sri Lankan Rupee (LKR). Ella is not your entry port to the country therefore we recommend you to exchange your currency to Sri Lankan rupee from Bandaranaike International airport as it would be more easy for you when travelling. But in case of where you want to exchange currency in Ella, you can do it from a bank or from a licensed currency exchange office. You can check the list of banks and exchange centers from the google maps.

Another option that you can try is that withdraw LKR from an ATM . The rate are comparatively better. When withdrawing money from the ATM it ask whether to proceed "with or without conversion, in that case always give WITHOUT conversion option. Proceeding with Conversion may lead to highly unfavorable rates.

#### Seasonal consideration





### Shoulder Seasons (April, May, September, October, December)

This season brings intermitted showers to Ella and the rain is not more constant in this period and this season is somewhat warm during some months and moderate level of crowds in Ella. You can explore Ella at a more relaxed place and can enjoy the beauty of the surrounding in a peaceful nature.

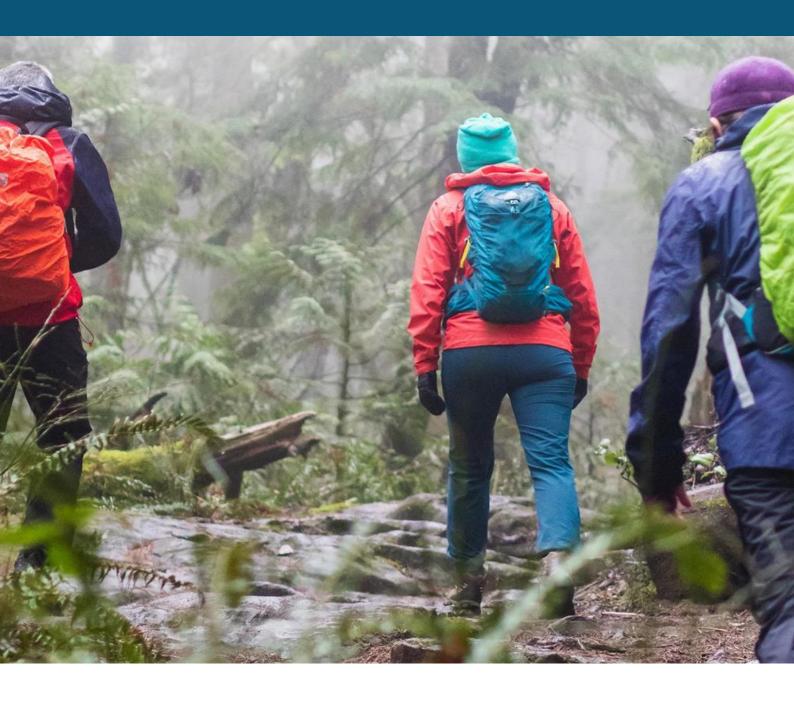
Are you planning a Trip to Ella, a small place that allow you to do a variety of activities to keep you engaged and happily high. Then here is a small snapshot about the seasonal consideration in Ella.

When you are travelling in Ella, you should have proper understanding about the season in Ella. The temperature level in Ella usually warm at least 6 months of the year. The best period to visit Ella is January to March which allow you to enjoy the surrounding with occasional chance of rainfalls and best for hiking and outdoor activities.

#### Dry season (January to March)

This can be considered as the busiest time in Ella during the year. Therefore make sure to book your accommodation, any tour or any other activities in advance to avoid disappointment. Ideal for clear skies, trekking, hiking and enjoying outdoor activities.





#### Monsoon Seasons (June - August, November)

This season makes another transition in the Ella destination with showers and humidity During this period less crowded in Ella and accommodation are less costly during this period. Take the advantage of lower costs in accommodation during this period and with fewer crowds take the advantage to explore all the popular attractions in a relax way.

Ella's weather symphony ensures that every season in the year offers you am immersive experience as each season lead you experience different facets of the natural beauty.



## Suitable Clothing and Footwear

The suitability of the clothes and the footwear depend on the time period that you are visiting Ella.

#### Dry season (January to March)

As the temperature is hot, bring light clothes such as shorts, t shirts and sun hats. Don't forget to have swimsuit if you are planning to have a swim in natural pools or in waterfalls. Sandals or hiking shoes with good ventilation are suitable.

#### Shoulder Seasons (April, May, September, October, December)

As the temperature is moderate during this period, you can bring light jackets and light comfortable fabric to wear. Comfortable walking shoes are more suitable.

#### Monsoon Seasons (June - August, November)

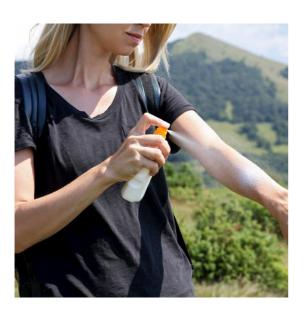
As the temperature can be cooler, especially in the morning and evening, you may bring sweaters, jackets and long pants. Don't forget to pack waterproof jackets if you are planning to hike in case of a rainfall. Comfortable shoes are suitable for trekking.

Sometime the temperature in Ella can be change quickly, although in the daytime it is hot, in the evening can be so cool therefore don't forget to take clothes such as sweaters, jackets and long pants.

If you are doing outdoor activities such as trying zip line

- You should feel very comfortable in your clothes when trying zip line.
- Skirts, frocks and baggy or loose clothes are not recommended.
- · Scarfs are not allowed.
- Footwear such as shoes are recommended.
- Casual wear is fine.
- Loose hair should be tied properly for a comfortable and safe adventure experiences.

#### Sun Protection



Sun protection is essential when visiting Ella during spring and summer. Sun protection is essential when visiting Ella.

- · Apply a sunscreen with a high SPF.
- Wear a sun hat to shade your face and neck.
- Wear a sunglass to protect your eyes from harmful UV rays.
- Plan your outdoor activities such as hiking, and sightseeing in early morning and afternoon.
- Avoid hiking activities during heat peak hours to reduce the risk of heatstroke.

## Stay hydrated

It is highly essential for you to take adequate amount of water specially during the hiking and outdoor activities in Ella.

## Respect Local Customs

Sri Lanka is a country that is high rich in culture with diverse customs and local traditions, Therefore if you are going for a religious place, don't forget respect the local customs and dress modestly.





## Environmental Responsibility

When you are hiking and engage in trails, adhere to the any rules and regulations provided by the local authorities. Respect the natural environment surrounding you and avoid littering.

# Fair rating for Tuk-Tuk ride

If you travelling by a tuk tuk, the fair and reasonable rate per 1 km is Rs.200 Sometime tuk tuk rides may charge from you high rates therefore before you have a ride make sure to talk with the driver about the charge for your journey





## Filling stations in Ella

If you are a person who hires taxi or bike to travel around Ella, then make sure to have full tank petrol when you are travelling, if you want a filling station here are the distance for filling station from Ella town:

Hela halpe filling station: Hela halpe, No 26/7 Badulla Rd, Bandarawela 6.8 km from Ella town) it is the closest filling station to Ella.



Get Direction

Ceypetco Filling Station: Ella - Passara Rd, Balleketuwa (10.7 km from Ella town)



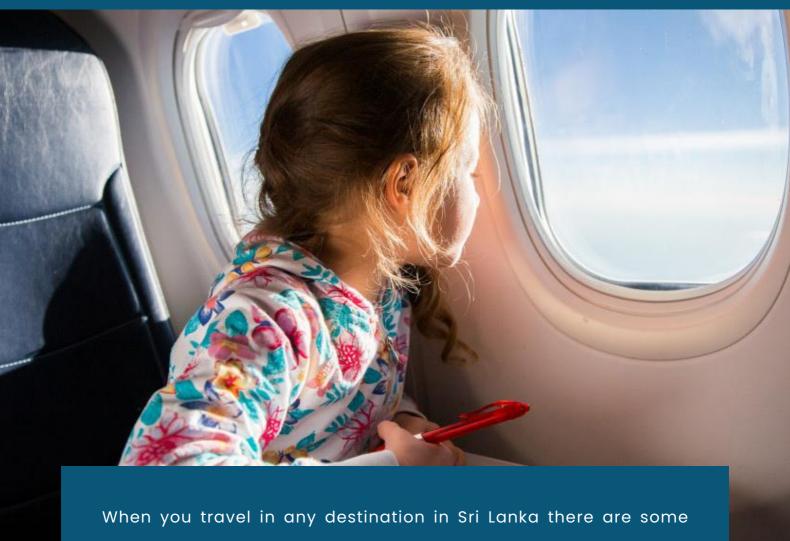
**Get Direction** 



## Travel tips for hiking in Ella

- Before you go for hike do a research regarding the route instructions and guide. You can refer our must see destination chapter to find the route regarding the hikes.
- Download off line version of maps as you may face data connection lost in some places during your hike.
- When you go for a hike, it is recommended to start your journey in early morning to avoid mid-day heat.
- Make sure to take suncream and a hat and to use mosquito spray during your hike.
- Pack plenty of water for your journey.
- Make sure to pack some snacks or ask your hotel or guesthouse to pack you breakfast or lunch.
- During Most of the hiking route in Ella you may go through the train tracks, therefore listen to trains, trains are loud and slow, you will be able to hear them enough, but do not wear headphones during this session.
- It is recommended to wear hiking shoes as it may be easy for you to walk even in long grasses.
- In some hiking routes there can be leeches in the long grasses, therefore it is recommended to wear long trousers.

## Chapter 6 Safety Tips



When you travel in any destination in Sri Lanka there are some specific safety guidelines that you should be follow up for your own safety. It will help you to enhance you travel experience and travel without any danger. Therefore don't forget to follow up the health and local law guidelines when you travel in any place in Sri Lanka and follow up the specific safety tips to Ella when you travelling in Ella destination.

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#### Health



- When you visit Sri Lanka, it is recommended you carry out your essential medicines, as sometimes there may be some medical shortages.
- Dengue fever is a risk in Sri Lanka and as it mostly increased with the monsoon season.
- Therefore, it is recommended use mosquito repellent. If you have high fever, seek medical treatment.
- It is recommended you to drink only boiled or bottle water.
- It is recommended for you be more aware of food you take, look the cleanliness of food before eating.

#### Local law

- In Sri Lanka it is prohibited for you to use illegal drugs.
- It is prohibited you to take photographs or video in high security zones or in some religious places (Not in every place). If you want to take photos in those places, follow the instructions given to you.
- Do not use drones in military bases or in government buildings. In Sri Lanka there is specific rules and guidelines that you should follow in order to use drones. You can refer this site to get the guidelines to take the permission.
   https://portal.caa.lk/drone/apply-now/index.html
- Respect the local culture and do not take photos posing with Buddha statue.
- If you face to any crime incident in Sri Lanka (example if anything of you, have been stolen by anybody) report it to the tourist police (A special police is there to look after the needs of tourist).

Contact Number + 9411 238 2209

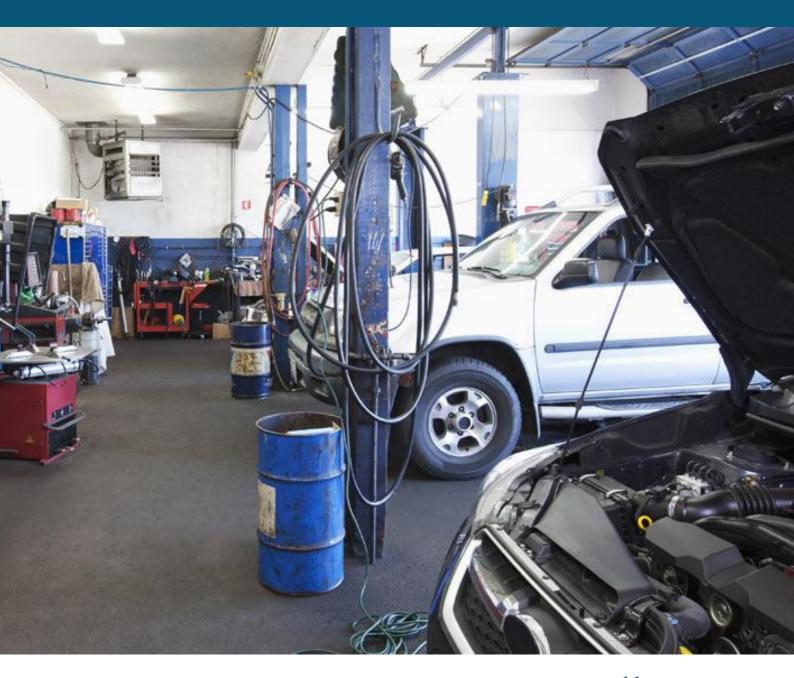
## Safety tips when travelling in Ella

- In Ella, it is relatively safe to walk alone at night but avoid walk in isolated areas.
- The most popular transportation modes in Ella are busses and famous train ride. When you are travelling in more crowded time in public transportation, be aware about your belongings.
- Avoid displaying your valuable items such as cameras, cash and jeweler items, especially in crowded areas and tourists' areas.
- Beware when you are driving in the nigh, as mist in Ella can be covered quickly the entire surrounding. If a mist cover does not move until the surrounding become clear.
- Make sure to check the tire pressure, lights, air filters, fluid levels, windshield wiper blades, air conditioning and/or heater, brakes, and other necessary things of your vehicle, if you are travelling by a vehicle.





- Make sure to use helmets when driving bikes.
- ·Follow up the rules and regulations when driving.
- The most famous transportation mode in Ella is train ride, make sure
  to stay within the train carriage while train is moving. As accidents
  can be happened when you hang out of open doorways or windows
  of the trains specially in rainy days.
- Sometime the temperature in Ella can be change quickly, although in the daytime it is hot, in the evening can be cool therefore if you are person who is suffering from wheezing, don't forget to take your relevant medicine and clothes such as sweaters, jackets and long pants.
- There are no Petrol sheds in Ella town, you have to travel for petrol sheds some distance (5 to 6 kms from Ella town – locations of sheds include under the travel tips) therefore be aware about the petrol level when you are traveling.



## Tyre repairing center in Ella.

When you travel in Ella by a bike one of the common incidents you may face is tyre patches in your bike. If you a face such a incident, then you can repair it from below tyre repairing center.

#### Tyre repair centres

Tyre Service Center - (Hela halpe, Badulla Rd, Bandarawela)

Malshi Tyre Shop – (Bandarawela Road, Kumbalwela)

Shan Tyre Center - (Mr.P.Sundaresan, Badulla Rd, Kumbalwela)

Dinesh tire shop - (52R, Road, Bandarawela)

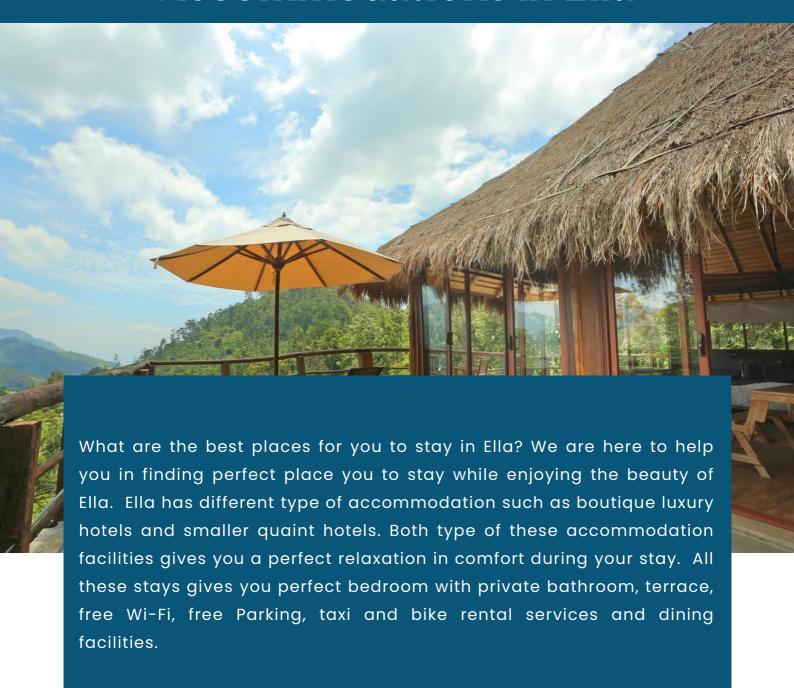








## Chapter 7 Accommodations in Ella



Here are some top accommodation picks for you to stay in Ella during your vacation and stay comfortability while enjoying the perfect views in Ella such as mountain view, tea land view, Nine Arch View and garden view. And all these accommodations are near to famous tourist destinations in Ella.



#### Tina Nature Villa



#### **Villa Hotel**

You can a perfect view of mountains, Nine arch Bridge and tea land view where you can enjoy and relax yourself. Air-conditioned accommodations with balconies and free Wi-Fi that is featured with all amenities flat-screen TV with satellite channels, minibar, a kettle, a walk-in shower, a hair dryer and a desk boost your relaxation. You can unwind in the pools with stunning view to relief your tiredness at the end day after a hike.























+9457 222 0101



tinanaturevilla@gmail.com

## Eye Full Ella Hotel



Experience the hospitality at Eyeful Ella, where they offer you tailored accommodations for every traveler. Eyeful Ella ensures quick and easy access to downtown, with 5-minute walk or less than 300 meters distance. It offers you comfortable hostel rooms tailored for backpackers and luxurious double rooms where you can relax yourself with friendly staff service which ensure a beautiful

and secure of your journey.







info@eyefulella.com



https://www.eyefulella.com

















## Ella Family House



#### **Mountain View Apartment**

Discover the comfort and relaxation in Ella family house where you can enjoy the stunning mountain view and relax yourself in beautiful garden. This is more ideal for families with spacious rooms with modern amenities including fridges. It is proximity to Ella railway station, Demodara Nine Arch Bridge and Little Adam's Peak where it offers you more convenience with the location.







ellafamilyhouse@gmail.com























## Lazy Bear Ella



#### **Guest House**

You can have a perfect view of mountains, Nine arch Bridge and tea land view where you can enjoy and relax yourself. Air-conditioned accommodations with balconies and free Wi-Fi that is featured with all amenities flat-screen TV with satellite channels, minibar, a kettle, a walk-in shower, a hair dryer and a desk boost your relaxation. You can unwind in the pools with stunning view to relief your tiredness at the end day after a hike.





+9477 391 9653



lazybearella@gmail.com



lazybearella.com





















## Hikers Lodge



#### **Guest House**

Hikers lodge Ella offers you air condition rooms with serene street views and for some balconies with mountain views. All rooms provide you to relax in comfort with all essential amenities such as flat-screen TV, kettle and access to private bathroom, a hair dryer and bed linen. You can enjoy free Wi-Fi and the location ensures easy access to Ella Railway Station, Ella Rock, Ella Rock Temple, and the iconic Nine Arch Bridge.



























www.hikerslodgeella.business.site

#### Solace Ella



#### **Guest House**

Enjoy the serene charm of Solace Ella, , just 6 km away from the iconic Nine Arch Bridge. This place includes private balcony to delight with the view of beautiful mountains, free Wi-Fi and free parking for you. You have the chance to enjoy the delicious food for breakfast, lunch and dinner from the restaurant. Each room has bed linen and towels and private bathrooms. You have the chance to select various options for breakfast and lunch.













+9477 747 7099



solace92ellasl@gmail.com

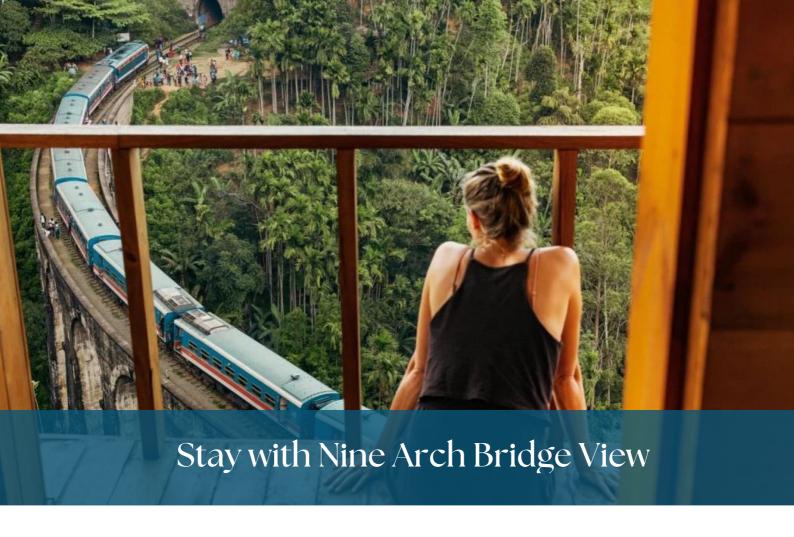












#### Green Nature Paradise



#### **Mountain View Cabana**

Discover serenity at Green Nature Paradise Ella, which is only 100 meters from Demodara Nine Arch Bridge with perfect panoramic view of Nine arch bridge. It offers accommodation with a garden, free private parking and a terrace for you to relax yourself. You can Unwind in stylish rooms with modern amenities and start your day with a delicious breakfast in continental, American or Asian options.





+9470 501 6665



greennparadise4822@gmai





















#### Belmond Ella



#### **Guest House**

Enjoy your vacation in Belmond Ella, just 6.4 km from Nine Arch Bridge. The accommodation features with garden, private parking, shared lounge and terrace, shared kitchen, room service and free Wi-Fi. Further they provide you 24 front desk service and currency exchange services. You can try delicious Sri Lanka foods for breakfast and Sri Lankan rice and curry from this place with a perfect taste.









+9457 222 8801 belmondellasl@gimal.com



















### Wood Cabin Ella



#### **Guest House**

Ella Wood cabin is a perfect place that is surrounded by lush greenery that offers a garden, terrace and free shuttle service for your convenience. Some rooms include with a private bathroom with bidet, along with indulgent amenities like free toiletries, a hairdryer, and slippers. You have the chance to explore the area with the bicycle or the rental service available in this place. Relax in comfort with free Wi-Fi and private parking.





+9471 222 4523



ellawoodcabin@gmail.com





















## Royal Grand Guest



#### **Guest House**

Embrace comfort and convenience at Royal grand guest inn Ella which is located near Demodara Nine Arch Bridge and Ella Spice Garden. Enjoy private parking and garden views that allows you to relax in comfort as very unit comes with a desk, with a private bathroom fitted with a shower and slipper. Enjoy free Wi-Fi during your stay. Have a memorable stay in Ella while enjoying yourself in relaxation.





+9471 850 7289



royalgrandguestinn1997@gmail.com





















### La Montagna



Relax yourself in breathtaking mountain and city view at La Montagna located in Ella. You can view the mountain view with cascading waterfall dropping down from your private balcony or terrace. Each room features with amenities such as desk and a flat-screen TV, private bathroom and free Wi-Fi. Can enjoy delicious food at the restaurant with a perfect view. A car rental service is also available at La Montagna.





+9471 043 8035 +9477 712 9329



lamontagnaresort@gmail.com



www.lamontagnaresort.lk





















# BBQ Hub Ella















estled in the heart of Ella yet tucked away from the bustling town centre, BBQ HUB Ella offers guests a harmonious blend of comfort and tranquillity.

This boutique hotel is ideally situated just 2 km from the iconic Demodara Nine Arch Bridge and 500 metres from Ella Spice Garden, making it a perfect base for exploring local attractions such as Little Adam's Peak (2 km) and Ella Rock (3.4 km). The hotel's architecture has been recognised in the hospitality architecture category at Architecture Masterprize™, reflecting its thoughtful design that seamlessly integrates modern aesthetics with the natural beauty of Ella. The in -house restaurant serves European cuisine, Local Cuisine and guests can start their day with a continental breakfast. For those interested in culinary experiences, cooking classes are available at an additional charge. Adventurous guests can enjoy cycling in the surrounding areas. Guests have praised BBQ HUB Ella for its excellent service and beautiful accommodations, making it a highly recommended choice for visitors seeking a serene and comfortable stay in Ella.

















+9477 730 5613







# Welcome Home Stay



#### Ella

Enjoy the stunning view at Welcome Homestay and just few minutes for iconic Nine Arch Bridge. Featuring accommodation with terrace, private entrance, 24-hour front desk, room service and currency exchange provide you more convenience for your journey. Bike, Tuk-Tuk and taxi hire are available at this homestay, and you can hire those tuk-tuk and scooters to visit famous tourist destinations in Ella. Discover the amazing beauty of Ella with Welcome Homestay.

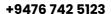






















welocomehomestayella@gm

## **Tea Land View**



#### **Home Stay**

A perfect place for nature lovers where you can have a perfect view of Tea plantation land with a wonderful environment. The location is perfect for you, just only 3.6 km from Nine Arch Bridge. The rooms feature with a private bathroom, free toiletries and bed linen. This place provide you bike hire and car hire facilities. You can enjoy the evening in sun terrace with a wonderful view of tea land. Can make the use of free Wi-Fi.



ellatealandview@gmail.com























## Home Hostel



#### **Home Stay**

Home Hostel Ella offers you a perfect view with mountains and tea land view that allows you to experience peaceful nature's beauty. It provides you comfort and conveniences family rooms with free private parking. Each unit provides with a fridge. The location provides you conveniences as it is located near the Nine Arch Bridge and Ella Railway Station.















+9476 558 0206

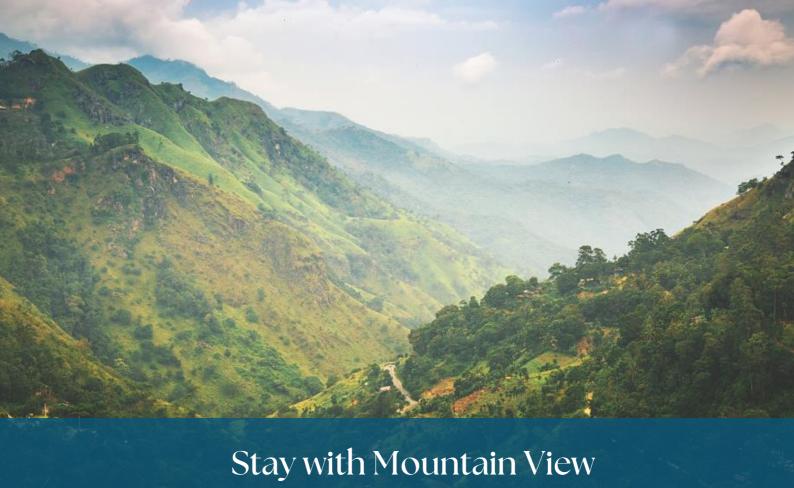


homehostelella@gmail.com











## Kai kazee hotel, Ella



#### Hotel

Kai Kazee Ella offers a charming stay in the heart of Ella, with a perfect view of Ella rock. Guests can enjoy free WiFi, complimentary private parking, laundry service and an on-site restaurant. The guest house is conveniently located near popular attractions, including Ravana Waterfall, Secret Waterfall, Demodara Loop, Ravana Cave, Little Adam peak, Dowa Temple, Nildiya Pokuna, Ella Railway Station, Nine Arch Brides and Ella Rock. It is a perfect base for exploring the natural beauty of Ella with easy access to many popular attractions in Ella to spend your time perfecting during your vacation.



























+9477 902 1974

# Chill Wood Home Stay



#### **Home Stay**

Discover a perfect mountain view from Chill wood Homestay, accommodation featuring with terrace, balcony and equipped with a seating area. Rooms are featured with private bathroom with bidet and slippers along with free toiletries. A car rental and bicycle rental service is available at Chill wood Homestay. You have the chance to have your breakfast with beautiful mountain view. Enjoy your journey in Chill wood Homestay with comfort and relaxing yourself with nature.













chill-wood.bedsandhotels.com/











# Tea Forest Lodge



#### **Home Stay**

Tea Forest Lodge offers a serene view of surrounding with tea plantation from your room. Every room features with a balcony, refrigerator, and a private bathroom with complimentary toiletries. The location of this place is perfect with a beautiful view and just few minutes to Ella town with 2.2 km to Ella Railway station. Enjoy the convenience of 24-hour front desk service, terrace, shared lounge, and complimentary parking.





+9477 664 0365





















xploring the best stay for you to enjoy your vacation with an excellent location with fantastic view. They offer you more comfortable room facilities with all essential amenities and free Wi-Fi and Parking space. You can enjoy delicious Sri Lankan meal with real Sri Lankan taste and taste delicious fresh juices, Sri Lankan tea or coffee. Ella Dream Catcher Resort is best place for you to relax yourself with a perfect nature view and walking distance to Kithalella Station. Embrace the beauty of Ella during your trip while relaxing in Dream Catcher Resort.



+9471 619 9962

























## Zircon Ella



#### **Mount View Cottage**

If you are looking for a calm and peaceful place then Zircon Ella is a best alternative located in Ella, with proximity to railway station, Ella Spice Garden and Nine Arch Bridge. You can enjoy breathtaking views of Ella Rock Mountain from the comfort of their well-furnished, immaculate rooms. Availability of amenities such as a minibar, kitchenware, and free Wi-Fi further enhances the allure of this peaceful place.





+9471 377 3400



zirconhotels@gmail.com





















# Ella Mount Relax Cottage



#### **Mountain View Cottage**

This offers you a mesmerizing mountain views and just 05 minutes for Ella Town with 450 meters only and few minutes for Nine Arch Bridge, Little Adams peak and Ella Spice Garden. You can enjoy the day in comfortable rooms, some featuring balconies and featured with necessary amenities and private bathroom equipped with a walk-in shower. Enjoy the breakfast serves with Asian cuisine. Take the advantage of sightseeing tours, bike, and car rental

services available in this place.

























## Dream View Ella



#### Mountain View Cottage

Experience beautiful mountain view at Dream View Villa located in Ella just minutes from Demodara Nine Arch Bridge. It is a nice place for you to relax on terrace while having your breakfast by viewing a perfect panoramic view of mountains. You can enjoy cycling and hiking nearby, with bike and car rentals available in this place. Enjoy yourself in comfortable rooms with housekeeping, and delicious snacks at the on-site bar.















+9477 351 1487



dreamviewinella@gimal.com



https://dreamview.hotelonia.com/



# Black Bridge



cottage, where you can relax yourself with amazing viewpoint from the hotel. Enjoy cozy family rooms or CPL rooms, each offering stunning panoramas, free Wi-Fi, satellite TV, and soothing hot water facilities. Plus, take advantage of hassle-free parking right on the premises. You can enjoy free breakfast during your stays in the hotel. Immerse yourself in comfort and let nature's charm your soul at Black Bridge View Cottage with full freedom by

getting aware from the urban landscape of Ella town.



## Star Gaze Lodge



#### **Mountain View Lodge**

Star Gaze Lodge offers you mesmerizing Ella gap view and give a chance for nature lovers to walk in the garden. The location is convenience as its proximity to Ella town, supermarkets, Ella Spice Garden and Nine Arch Bridge. The lodge offers private rooms with balconies to view the open sky in the night, free Wi-Fi, and parking, plus airport transfers, bike rentals service and experienced tour guide service that add connivences to your journey in Ella.





+9477 733 7430













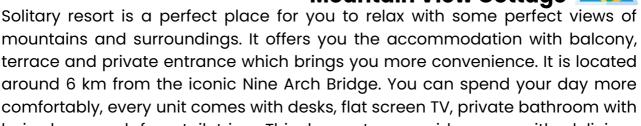






# Solitary Resort

#### **Mountain View Cottage**



hair dryer and free toiletries. This homestay provides you with delicious breakfast and Dinner. And, it provides you the facility for car rental and bicycle

rental service.





+9471 938 3422



dile.madusanka@gmail.com





















# Nine Arch Lodge



#### **Lodge House**

If you are looking for a calm and peaceful place then Zircon Ella is a best alternative located in Ella, with proximity to railway station, Ella Spice Garden and Nine Arch Bridge. You can enjoy breathtaking views of Ella Rock Mountain from the comfort of their well-furnished, immaculate rooms. Availability of amenities such as a minibar, kitchenware, and free Wi-Fi further enhances the allure of this peaceful place.













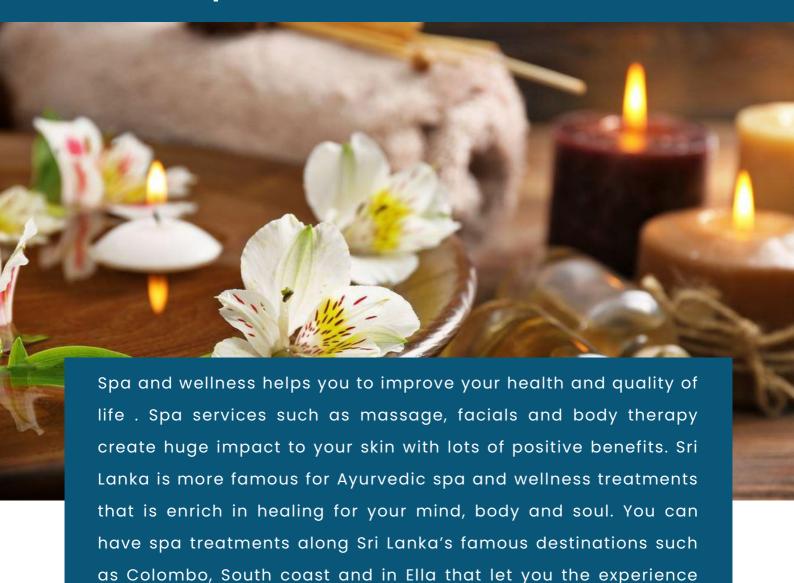






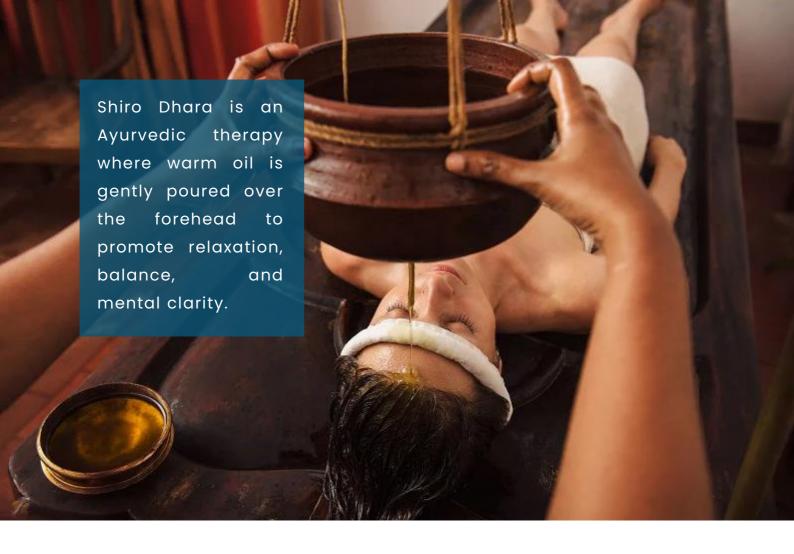


# Chapter 08 Spa and wellness in Ella



When you visit Ella you have the chance to relax yourself in Herbal spa and wellness centres. This is a perfect experience that you should add for your journey as it help you to reduce your stress and blood pressure. Ayurvedic treatments helps you to reduce your chronic back pain. And Ayurvedic facial and treatments helps you to keep your skin more softening, smoothing and makes your skin more healthy and nourished.

the best Ayurvedic treatments.



# Helena Spa Ella



#### **Ayurvedic Treatment Center**

Escape the busyness and tiredness of your life and have relaxation when you visit Ella at Helena Spa. The serene sanctuary offers you a range of luxurious treatments to refresh your body, calm your mind, and revitalize your spirit. You can have following Ayurvedic treatments. Head massage, Neck shoulder massage, Back massage, Full body massage, Shiro Dhara, Pinda swedha, Steam bath, Foot and leg massage, Manicure, Pedicure, Herbal facial. Glow your skin and refresh yourself during your vacation. Do not forget to give a time for yourself while enjoying the vibes in Ella. Contact through the below number and book your appointment today. Opening hours are from







+9477 669 9488



















Ella New Suwamedura, where ancient Ayurvedic traditions meet modern tranquility. Immerse yourself in the magic of our rejuvenating treatments, including full body therapy, body scrubs, herbal swarna, shirodara, steam bath, head massage, face massage, foot massage, leg massage and facial beauty treatments. Further you can have free consultation on how to enhance your beauty. Let your mind, body, and soul find harmony as you explore Ella. Experience the healing touch of our expert Ayurvedic therapists to enhance your inner and outer beauty and create unforgettable moments of peace during your travels. Book your appointment today at Ella New Suwamedura and rediscover relaxation like never before!



+9470 721 7676



ellanewsuwamadura@gmail.com



















## Princess Spa & Wellness



#### **Ayurvedic Treatment Center**

Don't forget to have your experiences in Princess Spa and Wellness when you visit Ella. You can relax yourself with Ayurvedic Full body massage with Herbal steam bath or Shiro Dhara or both, deep tissue full body massage, Head, Neck, Back, Shoulder massage, foot massage and head massage. All these treatments provide deep relaxation to your body and mind as well. You have the chance to enhance your beauty as well with Ayurvedic face massage, face Scrub and face pack. You can have a very friendly service and the working hours are from 9.00 am to 9.00 pm daily.





+9470 6786 148



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Princess spa & wellness Ella





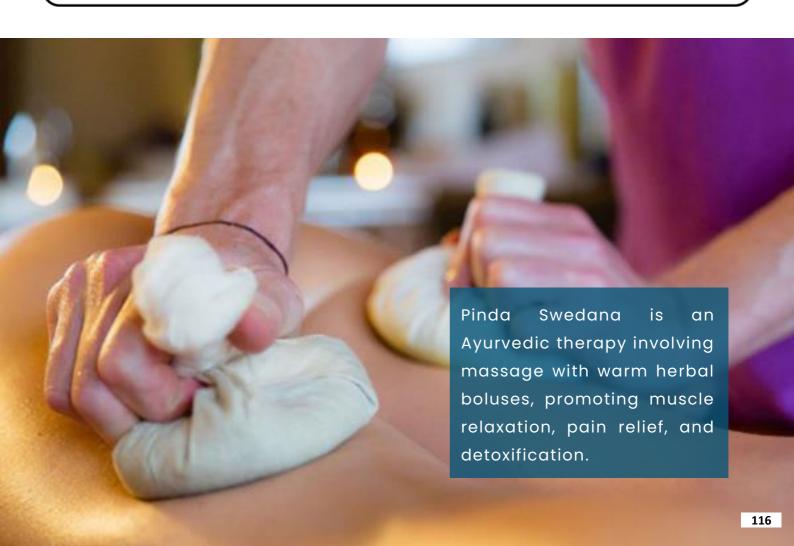














# Amelia Spa Ella



#### **Ayurvedic Treatment Center**

Do not forget to relax yourself to a realm of serenity at Amelia Spa. The sanctuary offers an Ayurvedic treatments designed to nurture your body, calm your mind, and to enhance your natural beauty by glowing your skin. You can enjoy the following Ayurvedic treatments. Head massage, Neck shoulder massage, Back massage, Full body massage, Shiro Dhara, Pinda swedha, Steam bath, Foot and leg massage, Manicure, Pedicure, Herbal facial. Amelia Spa is committed to provide you an unforgettable experience of relaxation and renewal to your mind and skin. Do not forget to give a time for yourself while travelling. Book your appointment today via below number.







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B.A.M.S. (UOC) S.L.A.M.C. **Reg. No. 12597** PGD Ayu. & Surgery (UOC) Dip. in Pshy. & Counseling ( RIPC ) Dip. in Acupuncture, Dip. in E.E.G. ( NHSL )

iscover the perfect relaxation and healing routine in Sri Lanka with ancient wisdom of Ayurvedic treatment Immerse yourself with ancient and traditional Ayurvedic treatments in RD Ayush Care and Counseling center with following therapies and treatments.

- Panchakarama treatments.
- · Weight loss treatments.
- Other Ayurvedic treatments such as bath, foot massage, steam massage, full body massage, leg pain shirodhara, massage, thermo treatment and herbal bath.
- Treatments for diseases such as Joint Spinal diseases, diseases, non communicable diseases skin and diseases.











All these treatments helps you to glow your skin with our nourishing treatments. Our personalized counseling services will guide towards balanced health wellbeing with diet charts. Whether you're seeking stress relief and simply a luxurious feel, our spa and wellness services offers you unforgettable experiences during your Sri Lankan journey. Don't forget to make an appointment to RD Ayush Care and Counseling center during your visit to Sri Lanka to embrace the magic of Ayurvedic therapies to relax your mind, body and soul.









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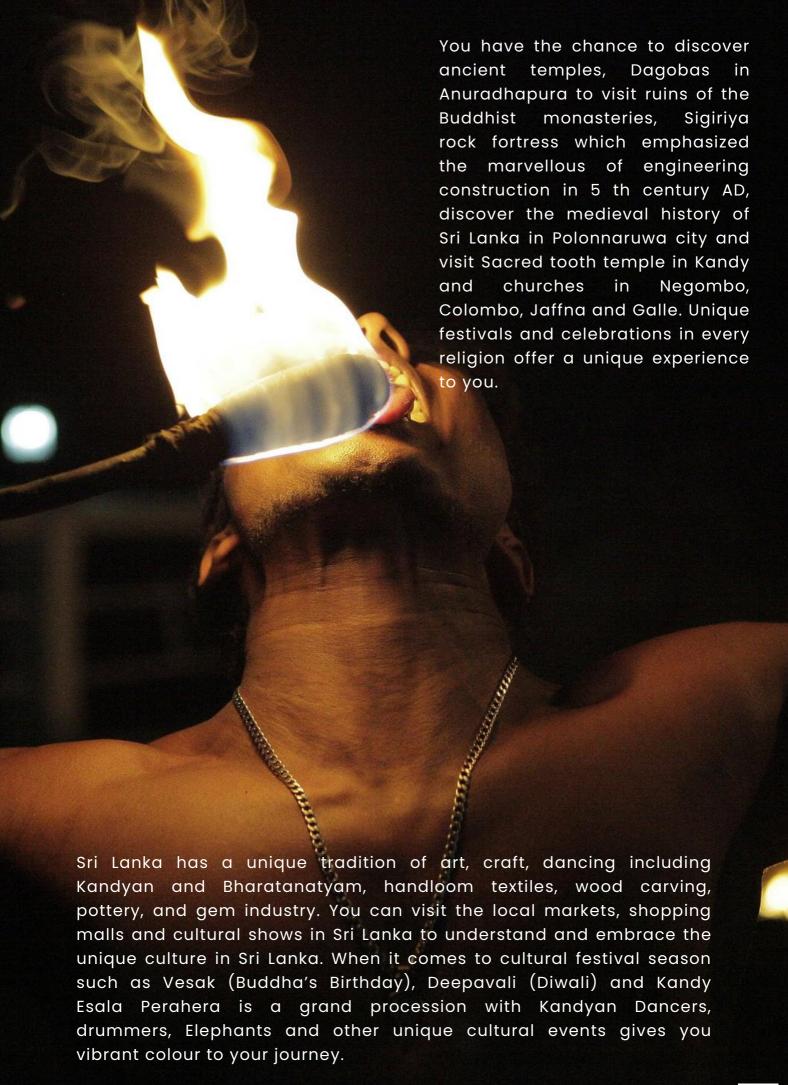


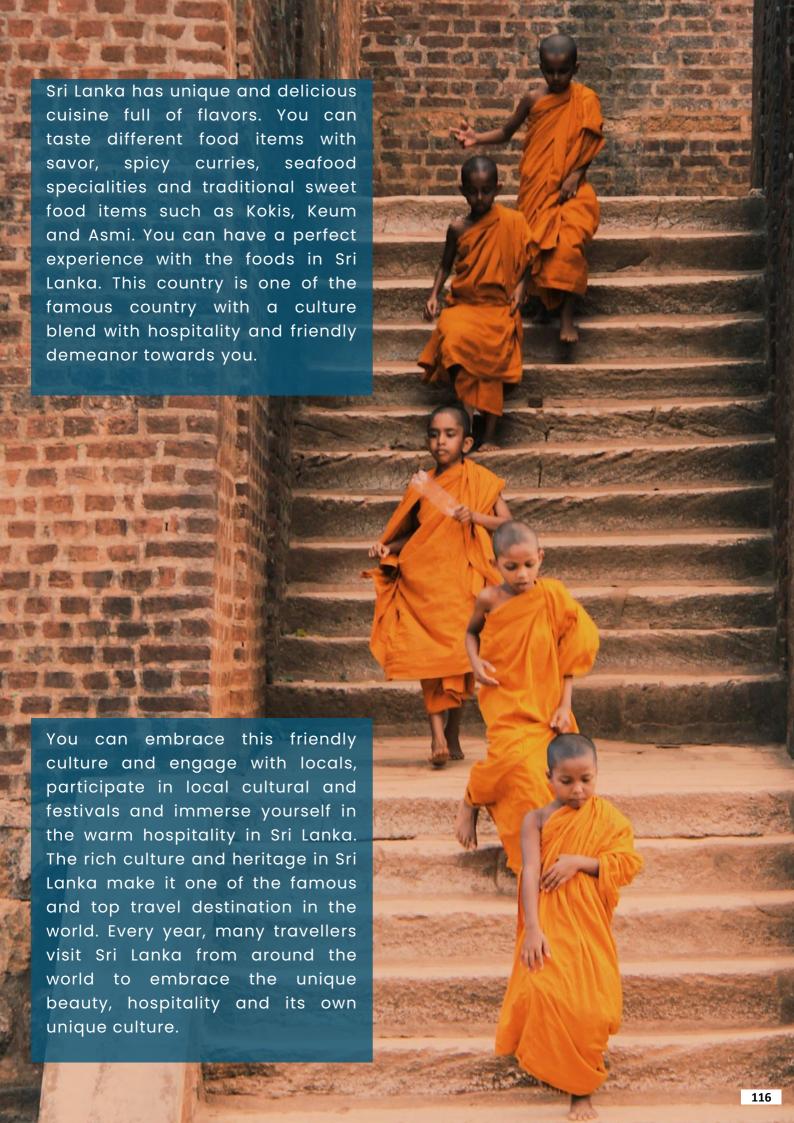
# Chapter 09 Sri Lankan Culture & Tea Tradition



Understanding the culture of Sri Lanka can help you to enhance your travel experience in Sri Lanka. Culture of Sri Lanka is reflected by the art, sculptures, architecture, religion, literature, dancing, folk stories and even by the food in Sri Lanka. Sri Lanka has a history of more than three thousand years. Sri Lanka is home to many ethnicities, majority of Sinhalese and minority of Muslims, Sri Lankan Moors, Burghers, and Malays. Each group contributes to the language, tradition, and unique customs in Sri Lanka. In Sri Lanka, the widely spoken language is Sinhala. However, most people can understand and speak English, especially in Urban areas and tourism areas.

Sri Lanka has a collectivist culture where the life of Sri Lankan peoples revolves around their family. This means that most of the people are group centric and share their interest with others. Sri Lanka has a diversity of religious groups such as Buddhism, Christianity, Hinduism and Islam.





# Ceylon Tea

Sri Lanka is a captivating island nation in Indian Ocean that is with breathtaking landscapes, rich culture and warm hospitality. In 19 th century British introduce world famous tea industry to Sri Lanka, now it has become the fourth largest tea producer in the world. Tea plantation in Sri Lanka have shape the culture and economy, providing jobs, enhancing rural growth and preserving natural beauty of the country.

Here's a look at five types of tea plantations in Sri Lanka,

- Nuwara Eliya Tea Plantation
- Pedro Tea Estate
- Ella Tea Plantation
- Kandy Tea Plantation
- Ratnapura Tea Plantation

There are three main regions in Sri Lanka where tea grows. They are low grown teas where the elevation between sea level to 600m, mid grown tea where the elevation from 600 m to 1200m and high grown tea where the elevation above 1200 m. The taste of the tea, its flavour and aroma of tea from each elevation are influenced by the different conditions that is related to regions.

Low grown tea is subjecting to the lengthy period of sunshine, warm climate conditions and moist conditions. It is exit in burgundy, brown liquid and a malt, heavy note with black leaf appearance. But high grown tea is mostly influenced by chill winds, dry and cool climate condition and where the tea is light in colour with greenish, grassy tones in honey of golden liquors.



Ceylon tea refers to the tea produced in the highlands in Sri Lanka. It is made from the dried and the processes leaves of the tea plant. Tea production done throughout the year and total tea production is about 340 million kilograms per annum. Central highlands and southern inland areas are the perfect areas for the tea production in Sri Lanka.

Ceylon Tea industry maintain the highest quality in the world tea market and ISO 3720 is the minimum standard applies for the products. Sri Lanka has the ability and capacity to product the world cleanest tea by using minimum pesticide residues. Ceylon Tea has received the ISO 22000 series and the health and safety regulations stipulated by the European Community. Ceylon tea is more famous among the tea enthusiasts for its rich flavour and fragrant aroma.

It also helps to maintain the healthy of the heart, weight loss, blood sugar management and it is rich in antioxidants. Ceylon tea helps for fat burning and decreased the cholesterol level of the body. Ceylon tea consisted with black Ceylon tea, Ceylon green tea and Ceylon white tea. Black Ceylon tea is the most popular Ceylon tea around the world that arise from stem and fermented leaves of the tea plant. Ceylon green tea avoids the fermentation process. It gives a yellowish green colour for your tea. Ceylon white tea also known as silver tips. For this only bud is taken and dried in the sun. This tea has most amount of the health benefits as it is least processed tea.





#### Ella tea plantation

Ella's tea estate is renowned in among the hills of Ella by offering a scenic beauty with terraced tea garden that is cascading down through the mountain side. The cool climate and the fertile soil help the tea plantation growth with unique flavor profile. You can walk through the spectacular scenery tea covered slopes with misty valleys and cascading waterfalls. You can also have the chance to take tour guide to an Ella tea plantation and join with the tea leaves picking in the beautiful surrounding estates. Further do not forget to taste a cup of tea in Ella with perfect taste in the perfect weather.

#### **Tea Plantation Tour in Ella**

You have chance to experience the beauty and the tradition of Sri Lankan tea plantation by participating to a tea plantation tours in Ella. During the tour you can join to the tea picking sessions and witness in the custom of worshipping lord Ganesh before harvesting the tea leaves according to Hindu tradition. Further you can immerse yourself in the perfect view of lush greenery tea plantation. You can discover the tea manufacturing process as well as, you can taste the different grades and flavour of Ceylon tea during the tea plantation tour. Therefore, don't forget to add a tour to Tea plantation in Ella to your do list in Ella journey.



# Ceylon Tea Center Ella

If you are a person who loves to taste a cup of Ceylon Tea, then don't forget to have a visit to Ceylon Tea Centre Ella. It is a place where you can try tea samples and taste them before you purchase. There are a variety of high quality tea flavours you can choose. This place offers you friendly customer service and you can buy these tea as a gift for your loved ones.













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# Chapter 10 Taste of Ceylon



Most of the Sri Lankan food are combined with herbs, spices, rice, vegetables, and fruits. Most of the food in Sri Lanka is combined with different cultures and histories. When you visit Sri Lanka, you can try different foods with different taste such as spicy food in hot, curries cooked with coconut milk and different types of sweets. Seafood plays an important role in Sri Lankan cuisine. One of the main specialty in Sri Lanka is the spices used when cooking. Sri Lanka is known as the 'Spice Land' as a result of Sri Lanka's climate condition that allow any variety of spices to grown on the island's soil. These spices bring different taste to the food as well as many nutrition benefits to the body.

# Different types of spices used in Sri Lanka cuisine.

Most of the spices used in Sri Lanka does not used only for the cooking purposes but also for their medicinal properties. These ingredients are demanded for their valuable health benefits. Here some of the listed ingredients used in Sri Lankan food.

#### Cinnamon

Ceylon cinnamon is world renowned for its unique Flavors, colour, and aroma in comparison with Cassia. This mostly used in bakery products, flavoured teas or in meat preservation. In medical properties it treats to chronic diseases such as diabetes, cholesterol and cancers.



Second largest spices presences in Sri Lanka, that can be used as substitute for chillies and in medical properties used in massages or natural treatments.

#### Pandan leaves

It is known as Rampe that is used in cooking rice and curry-based dishes that fill the kitchen with its fragrance.















### Curry leaves

It is known as Karapincha which is common plant that can be found in home garden in any house in Sri Lanka. It is added to curry-based dishes to add strong fragrance and bring many medical benefits such as liver diseases and cholesterol.

#### Cloves

It is dried unopened flower buds of an evergreen tree and this spice used to flavour and meat or rich based dishes. This is applied in medical applications such as for toothaches and digestive difficulties.

#### Cardamon

It is a small seed pod with black seeds inside it, that is used in when cooking meat curries and yellow rich dishes. Even using for making different desserts and tea.

#### Coriander

It is also essential ingredient that is used in cooking vegetables and meats. It has medical properties such as to aid against upset stomach and bacterial infections.

#### Cumin

It is harvested seeds of Cuminum Cyminum plant that is used when cooking vegetables dishes and meat dishes. It has medical properties such as to aid against digestion difficulties, cholesterol, and diabetes.



#### Ginger

Ginger is a worldwide used spice that used in cooking meat or any other dish as it adds nice flavour. In terms of health benefits it acts as antioxidant and supporting cardiovascular health.



# Breakfast in Sri Lanka: What to eat?

You can start you day in Sri Lanka, by arising your tastebuds with mix of spicy, tangy, sweet, savoury flavours. Most of the Sri Lankan breakfast surrounded by curries such as Dhal curry, Potato curry, chicken or fish curry, Sambola and Lunu miris.All the below listed food, you can try from restaurants and hotels in Ella. Pittu, Milk rice, Hoppers, String hoppers, Roti, Pancakes, Buffalo curd, Kola kenda, Fruit platter (Pineapple/ Papayas/ Mangoes/Banana/Avocado).



# Exploring the best dishes to have for Lunch in Sri Lanka

The best and most famous dish that you can try in Sri Lanka for lunch is rice and curry. The dishes that serve with rice will surely be an incredible experience for you. There are more types of curries for you to choose, so you can always try a new dish with different taste. Some of the most popular dishes that you definitely try with rich are dahl curry, Gotu kola sambola, chicken curry, Batu mojuwa (Egg plant pickle), Fish ambul thiyal (sour fish curry), Polos (green jackfruit curry), Beet root curry, Dry fish curry and Devilled prawns. These are only very few dishes that you can try with rice. Therefore when you are spending your journey in Ella don't forget try this local rice and curry for your lunch.





# Next, what you can try for dinner in Sri Lanka?

The famous food that you can try for dinner in Sri Lanka,

**1.Kottu Roti** - It is a combination of pieces of rotti or bread, crispy vegetables, tasty meat, and its curry. According to your choice you can select chicken or beef. If you are vegetarian, you can order Kottu even without meat. One of the best choice in Kottu is cheese Kottu which you must definitely try out.

**2.Paratha** – It is Indian food but one of the famous food that can try in Sri Lanka for dinner. You can try egg paratha also which is made by adding egg, it is so yummy that can try with some spicy meat curry.

**3.Thosai** -Thosai is an Indian food but also famous in Sri Lanka. You can try thosai with vegetable gravy called Sambaru and spicy coconut sambol. This is one of the delicious combination that you can try for your dinner.

**4.String hoppers** – It is made of rice flour or wheat flour, like small round of strings. You can try string hoppers with coconut gravy call as Kiri Hodi or dhal, potato or egg curry with spicy coconut sambola.

**5.Hoppers** – Hoppers is one of the famous food for dinner in Sri Lanka. Made from wheat or rice flour. Varieties of hoppers are available, out of it egg hoopers is more delicious that you should not miss in Sri Lanka. Many roadside hopper shops are starting after 4.00 or 5.00 pm in the evening.

**6.Coconut Roti** - It is made from wheat flour mix with coconut to make a dough. Then it is flattens and make small round shaped rotis. You can try this with Lunu - Miris, Chicken curry or mushroom curry while tasting a cup of









# Cooking classes in Ella

Sri Lanka is a blessed island with abundant supply of seafood, fruits, vegetables, and greens. When you visit Ella, you can have an unforgettable experience in cooking with delicious local ingredients that you cannot find anywhere in the world. There are so many cooking classes that is ready to provide you the opportunity to learn in preparing special local dishes. During the classes you can get the experience of using traditional Sri Lankan spices and methods of cooking that is unique to Sri Lankan cooking style. You can have friendly and interactive sessions with chiefs. Cooking by yourself gives you an amazing experiences and you have the chance to try the food that is made by yourself. Therefore don't forget participate for a cooking class in Ella during your vacation.

# Mango Cookery Class



**Cookery Class** 

If you are visiting Ella don't forget to have an experience in learning preparing traditional Sri Lanka dishes. Join with Mongo cookery class to have an amazing experience, where you can learn how to prepare traditional 09 Sri Lanka dishes. It's a fun way to spend the evening and learn about the local cuisine. Classes available – daily / 2 hours, Lunch time – 1.00 pm to 3.00 pm, Evening time – 5.00 pm to 7.00 pm. You have the chance to learn following local dishes. Rice, Pumpkin curry, Beans curry, Mushroom curry, Dhal curry, Potato curry, Brinjal curry, Coconut sambola, Carrot salad, Omelet, Papadam, Coconut Rutte. Reach out to us today for additional information and prices! Contact through the below number.



















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# Café experiences in Ella

Café experiences in Ella offers you a charming and relaxed in stunning views of the surrounding with tea plantation, mountain views and serene atmosphere. You have the chance to taste delicious homemade pastries, pizza, sandwiches, local traditional food dishes, Italian and Fusion cuisines for brunch, lunch, and dinner. Spending your time in a café provide you can have a delightful experience for you to unwind and enjoy the nature beauty while enjoying delicious food.

# A K Ristoro Ella



Don't forget to try delicious food serves in AK Ristoro restaurant when you visit Ella. It serves you Italian, Asian, Fusion and Sri Lankan cuisines for brunch, lunch and dinner. You can have your food in brick-walled placed with dim lighting and comfortably furnished with simple wooden benches, chairs and tables. It is a good place for you wind down a busy day with a friendly service at the restaurant.





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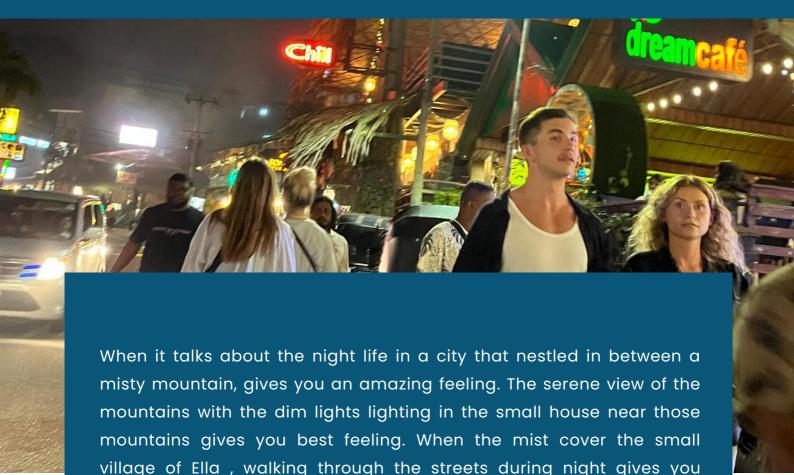








# Chapter 11 Night Life in Ella



coolest feeling ever with your loved ones. With few music vibes in the

restaurants, cafes and bars that serve up some warm western style

cuisine offers a great relaxing vibe which is more perfect to end up a

Walking in Streets

tired day of hiking.

- Dinner at Rooftop Cafe
- Live Music Entertainments
- Enjoy Pool Party
- Play Snooker & Pool in Evening

# Walking in the Streets



# Dinner at Rooftop Cafe

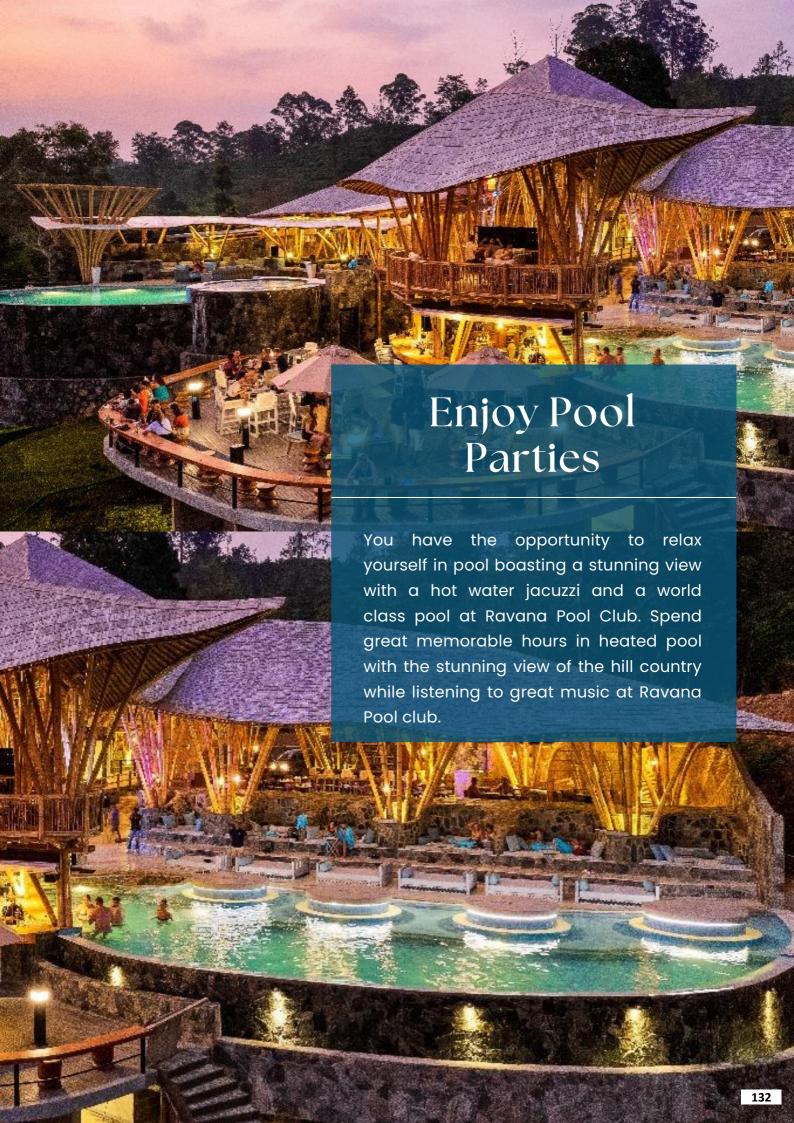
You can have dinner in the restaurants located in the Ella town with delicious food with Sri Lanka taste with stunning views of the surrounding landscape. You can enjoy the traditional and western dishes while enjoying the perfect surrounding. One of the popular cafés among the tourist is AK Ristora where you can try delicious food dishes.



# Live Music & Entertainment

You can enjoy the live music performances and cultural shows in some cafes and bars in the Ella in the evening while tasting their delicious food. You can enjoy yourself together with some Sinhala old hits with you friends. This activity real helps you to feels the night vibe at Ella and relax yourself more during your journey.







## Shopping Activities in Ella

One of the best things to do in Ella is shopping in the streets in Ella town, where you can have lot of fun. You can spend your evening walking in the streets and pop into the fancy stores and vibrant markets with friendly shopkeepers. You can shop small jewelry items, local handicraft, and unique souvenirs items which you can keep as a memory to remember your Ella journey.

You can explore vibrant streets full of shops that offering handcrafted goods and jewelry items with unique designs which are made locally that reflect the cultural heritage in Sri Lanka. Ella is situated in Verdant of tea plantation where they are perfect places to purchase high quality Ceylon tea and aromatic spices. Streets are lined with tea shops and spices shops where you can try sample tea and spices before you are selecting the flavors to take home as gifts for the loved ones of your family.

Shopping in Ella is must thing that you should do, where you have the chance to buy quality Ceylon tea, types of Sri Lankan spices, Ayurvedic herbal cosmetics products, woodcarvings, ornamental gift items for your loved ones, paintings, and casual wears at reasonable price.

When you visit, Ella don't forget to try the below items from the shops in the streets Of Ella where you can buy many items for loving ones and memorable products of your trip.

- · Ceylon Tea
- Spices
- Ayurvedic cosmetics
- Painting
- Ornamental products
- Textiles products
- Woodcarving
- · Jewelry items
- Local handmade items







# Modish Factory Outlet







lla Modish factory outlet is a best place for o try fashionable clothes in Ella. You can try unique materials that emphasize the Sri Lankan stylish look. Don't forget to embrace the new style and look for yourself from Modish factory outlet when your traveling in Ella. It is best place for you to try different stylish clothing options that adds a uniqueness to your personality.













**Get Direction** 



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# Nihal Brass Workshop







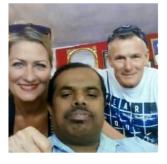
ihal Brass Workshop, located on Wellawaya Road, Ella, offers aut hentic Sri Lankan antiques, artifacts, crafts, and gifts. We specialize in exquisite brass works, including photo colonial frames, ornaments, and collection metalware. Our also features hand-painted traditional oil paintings and beautifully handcarved artifacts from across the country. Each piece is crafted by skilled local artisans, ensuring quality and authenticity. Our friendly staff is ready to help collectors enthusiasts find unique treasures.



**Get Direction** 



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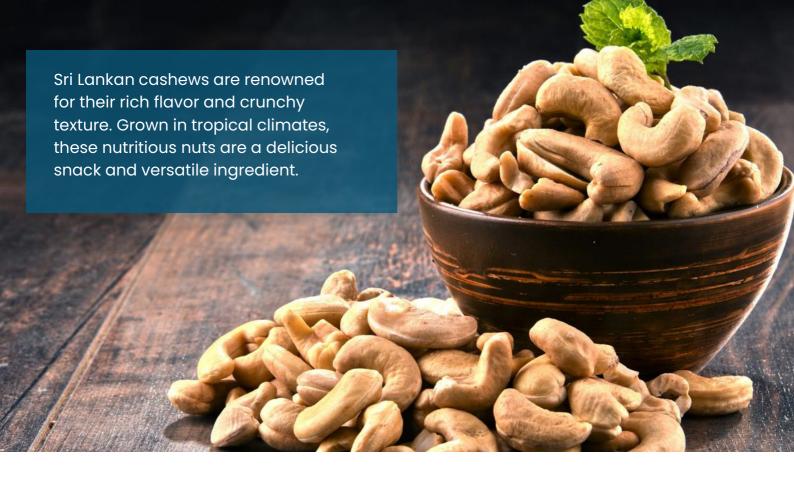












## Ceylon Island Ceylon Cashew

Discover the fresh Ceylon Cashew nuts packed with nutrients, heart-healthy fats, and rich flavor, our locally sourced cashews are perfect for snacking or as a gift for you loved ones. Enjoy Sri Lankan cashew with perfect taste and take home a taste of tradition. Visit Ceylon Cashew for premium quality and unforgettable flavors. You can enjoy dining in and take home packed with delicious, fresh and tasty cashew nuts. And you can try cashew with different types of drinks such as cashew with cocktail, cashew with Ceylon coffee and cashew with hot and cold beverages and you can taste fresh fried potato chips as well. Don't forget to taste flavors of Sri Lankan Cashew when you visit Ella.













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#### THANK YOU

Thank you for choosing Stay SriLanka Ella E guide book as your compose on your journey through Ella. We hope it serve you as a valuable resource that illuminating the path to take an amazing experience and safe journey. Ella is a perfect place where you get lots of travel experience with beautiful nature and friendly people. We wish you to have a safe trip and may the adventure filled throughout your journey. Remember, the end of one adventure is just a start for a new beginning. Cherish to the beautiful memories you make with your loved ones by embracing the richness in Ella. Have a happy exploring throughout your journey.



